

By: LacrosseTalk Staff

As families return home from summer vacations, preparations for the new school year swing into high gear leading into Labour Day. The end of summer marks the beginning of one of the most difficult sports titles to win; the battle for Senior A lacrosse supremacy for the holy grail known as the Mann Cup.

The Mann Cup was donated in 1910 by Sir Donald Mann. Mann studied as a Methodist minister but worked in lumber camps before he became a contractor for the Canadian Pacific Railway. He was best known as an entrepreneur that built railway lines from coast to coast as early as the 1880's.

But it's the legacy that Mann gave to lacrosse as a gift that we know him best for. The gift was a solid gold trophy that adorns his name -- the Mann Cup.

The Mann Cup was originally a challenge trophy, but in 1925 the champion New Westminster Salmonbellies turned the trophy over to the Canadian Lacrosse Association who instituted a national playoff system. The challenges and championships for the Mann Cup were played by the rules of traditional field lacrosse until 1932. The first indoor Mann Cup was played in 1932 as Ontario's Mimico Mountaineers defeated the Winnipeg Argos two games to none.

Every Canadian lacrosse kid grows up dreaming of lifting the Mann Cup over their heads. The countless days of playing lacrosse in backyards and boxes were the roots of their dreams.

Lacrosse players will tell you that it's the Mann Cup they covet more than any other lacrosse title. It's the grind, going shoulder to shoulder with teammates reaching the top, and the appeal of winning the toughest title in sport that keeps many in the hunt. The battle between East and West settles the score of who reigns king in Canadian lacrosse. The heritage, the tradition, the respect all plays into the chase for the Mann Cup.

Many have battled for the Mann Cup, few have had the privilege of hoisting the trophy in victory, even less have reached their pinnacle in the harsh seven game

British Columbia Lacrosse Association #101 - 7382 Winston Street Burnaby, BC V5A 2G9



battle for the Mann.

The likes of such past greats Moon Wooton, Jack Bionda, Paul Parnell and Wayne Goss understood the challenges and succeeded. John Tavares, Gary and Paul Gait, Anthony Cosmo and John Grant Jr. continued the winning traditions. Present stars like Shawn Evans and Dan Dawson carry the torch of great leadership today.

These greats have etched their teams on the Mann Cup, but another bond links such icons that set them apart from the rest.

All have lead their teams to victory, been the best of the best in Mann Cups, and all have been named the Mann Cup Most Valuable Player and the recipient of the Mike Kelley Memorial Trophy.

The Mike Kelley Memorial Trophy is awarded annually to the MVP in Mann Cup competition. The accolade exists to honour those performances and has been awarded to the Mann Cup MVP since 1941.

The trophy is named after Michael Edward Francis "Mike" Kelley. A life-long Toronto resident, Kelley was a Lieutenant of the 3rd Regiment Canadian Mounted Rifles in the Canadian Armed Forces who served in WW1. He was the owner and manager of the Hamilton Tigers lacrosse club in the early 1930's - and later the president of the Ontario Lacrosse Association and Canadian Lacrosse Association. In 1965, Mike was inducted into the Canadian Lacrosse Hall of Fame as a Charter member in the Builder category.

75 years after the first Mike Kelley Memorial Trophy was awarded to Richmond Farmers' player Clayton "Blackie" Black, the Canadian Lacrosse Association and Canadian Lacrosse Foundation were notified by the grandson of Mike Kelley that his name was misspelled and perpetuated as "Kelly" on the award.

The younger Kelley's only lacrosse involvement was as a kid growing up in Toronto – little did he know that this was the beginning of a historical trip into Canadian Lacrosse lore.

Kelley stumbled upon more information about his grandfather and the award during a google search. His father told him more about M.E.F. Kelley and his involvement in lacrosse after he showed an interest in his story.

"When I first looked into this journey, I was playing hockey with a former Shamrock's goalie Devan Dalep, when I had my first conversation that I needed to do something with the award. I just wanted to see the trophy with all the names on it. Connecting with people like Devan and others really helped."

In 2015, Kelley connected with the BCLA and the Canadian Lacrosse Hall of Fame to bring the error to light to confirm the correct spelling of Kelley as it related



2017-18 VANCOUVER STEALTH SEASON

NATIONAL LACROSSE LEAGUE ACTION



SINGLE GAME TICKETS **GENERAL STANDING \$22**.95

END ZONES \$22.95

FAMILY ZONE \$22.95

PARTY DECK **\$22**.95

LOWER SIDES **\$25**.95

UPPER SIDES \$43.95

CLUB SEATS \$59.95















Jan 27 7:00PM

Feb 10 7:00PM

Feb 24 7:00PM

Mar 17 7:00PM

Mar 31 7:00PM

Apr 13 7:30PM

Apr 21 7:00PM



4 Tickets + 1 Large Gourmet Pizza + 4 Soft Drinks + Cactus Cuts Appetizer

Total Value over \$140!



Call 604.882.8800 or visit StealthLAX.com or email Tickets@StealthLAX.com to get your tickets



British Columbia Lacrosse Association www.bclacrosse.com

BCLA Recognizes Volunteers at Lacrosse's 150th Birthday AGM, eh

By: LacrosseTalk Staff

The British Columbia Lacrosse Association (BCLA) held the 2017 Annual General Meeting on October 13-15 in Whistler, BC. Every year, this event includes meetings for various directorates, a lacrosse trade fair, a hospitality social gathering and the Annual Merit Awards Banquet. Over 285 delegates were registered for the meetings and nearly 550 participants attended the classic BCLA Annual Merit Awards Banquet.

This year's "Lacrosse 150th Birthday" theme had participants dress up in team colours with plenty of team jerseys, Canadian red and white -- tons of fun was had by all! This AGM was a fun, festive event and was another resounding success! How about all those Master Bakers showing off their cake decorating skills!

"The staff worked endlessly in preparation for the AGM – they never cease to amaze me with the great themes," said BCLA President Sohen Gill. "It was great to see the lacrosse community celebrate the incredible achievements of our tireless volunteers. The athletes cannot have the great lacrosse experiences if not for the people who volunteer for our sport. It was great meeting so many new volunteers — and for them to experience such an excellent show."

The 2017-18 BCLA Executive was named. They are as follows: President - Sohen Gill, Secretary - Myrna Cable, VP Administration – Don Scott, VP Operations - Greg Toll, VP Performance Programs – Tyson Leies, VP Development - Terry Mosdell, VP Technical Programs - Dennis Quigley and Director at Large - Dave Jenkins.

On Saturday, October 14th, the BCLA hosted the world famous buffet breakfast for the delegates, families and sponsors. Over 350 people attended the breakfast in preparation for meetings and the afternoon AGM.

In the evening, the BCLA Merit Awards Banquet took place on the main stage at the Whistler Conference Centre. The "Lacrosse 150th Birthday" theme was apparent with many people dressed up in their team colours, some old-school jerseys and even turn of the century traditional apparel with old wooden sticks – it was quite an eventful time!

Guests were welcomed through the banquet entrance by Canada's most notorious Hosers in parkas and toques – Bob and Doug Mackenzie. After a few stubby Canadians, back bacon (NOTE: no mice in the Elsinore Beers) and many photo opps, Bob and Doug entertained all with their slapstick and famous one liners, eh. Cooooo-roo-koo-koo, coo-roo-koo-ko.

Many banquet participants dressed up in costumes to celebrate the achievements of the volunteers – like the large groups of Salmonbellies, Adanacs, Oceanside Sharks and the Burrards (Vancouver and Maple Ridge) to name a few! Congratulations to our best-dressed participants Shantel and Krista from Comox in their Minion costumes, Kevin and Dustin from New Westminster in their old-school lacrosse get up and to the Xtremables as the best-dressed team.

The evening was once again emceed by lacrosse Hall of Famer Dave Evans and with co-emcee KidSport's Pete Quevillon. The banquet crowd was entertained by Bob and Doug Mackenzie, as



Over 550 people attended the 2017 BCLA Merit Award Banquet at the Whistler Conference Centre.

well as, the RCMP "E" Division Pipe and Drum Band. Tewanee Joseph, of the Squamish Nation and Stealth Lacrosse team, offered some incredible words of wisdom to the crowd – all in the name of lacrosse. Once again, Paul Winterton created an incredible year-inreview DVD that wowed the crowd.

The BC Lacrosse Association annually presents the BCLA Merit Awards to the many lacrosse volunteers who commit their free time to the sport of lacrosse. Seventeen Merit Awards were handed out during the 2017 Merit Awards Banquet at the Whistler Conference Centre.

The 2017 BCLA Merit Award recipients were as follows: Ted Fridge Family Spirit Award (presented annually to a family deemed to have contributed to the development and promotion of lacrosse locally and/or provincially): The Rachfall Family (Dirk, Tricia & Jonathan); Norm Wright Merit Award (Media of the Year) -- Jake Elliott (TSN); Hugh Gifford Merit Award (Box & Field Lacrosseaccomplishments of instilling sportsmanship in their players, their leadership and contribution toward improving the image of lacrosse): Karen Peterson (New Westminster Minor Lacrosse); Ruth Seward Merit Award (Box & Field Lacrosse-award to recognize an individual at the local level for their voluntary, extraordinary contributions to an association or team): Box Lacrosse - Brad Romano (Burnaby Minor Lacrosse); and Field Lacrosse – Jessica Carranza Duncan (New Westminster Women's Field Lacrosse); Dal Martin Merit Award (Trainer of the Year): Jaya Siddoo (Port Moody Junior "B"); Jimmy Gunn Merit Award Senior Official: Lee Brien (BC Lacrosse Officials and Lower Mainland Senior Officials); Jimmy Gunn Merit Award Minor Official: Nicholas dos Santos (Surrey Minor Lacrosse); Jimmy Gunn Merit Award Field Official: Cam McCulloch (Pacific Coast Field); John Cavallin Merit Award Senior Coach: Steve Goodwin, Russ Heard, Kevin Stewardson, Bill Ranford & Darren London (New Westminster Salmonbellies Senior "A"); John Cavallin Merit Award Field Coach: Rich Peterson (New Westminster Lacrosse); Bill McBain Merit Award Minor Coach: Josh Wahl (Port Coquitlam Minor Lacrosse Association/Team BC); Art Daoust Merit Award (Box & Field Lacrosse award toward fostering and promoting the game, improving the image and stature of lacrosse at their level and provincially): Box Lacrosse - James Abbott (Coquitlam Junior "A") and Field Lacrosse - Tricia Rachfall (BCLA Field Lacrosse Directorate); Leon Hall Merit Award (Minor Box or Field Lacrosse Association of the Year) - Vancouver Minor Lacrosse Association; and the Irvine-Calder-Nevard Merit Award (award is a testimonial for outstanding public service made by firms, organizations or individuals through lacrosse sponsorship: BCLA's major Team BC and Provincial Championship's' sponsor, Warrior Sports/New Balance. And the most prestigious BCLA Merit Award an individual can receive, the Tom Gordon Plaque, given to an individual who has done the most for lacrosse in the past year, was awarded to longtime volunteer and BCLA Board of Directors VP of Administration/Finances, Don Scott of Pitt Meadows.

Congratulations to all merit award recipients, Presidents' Award winners and executive members for their continuous hard work in making lacrosse one of the greatest sports organizations in BC. In the SPIRIT of the game, we thank you!

BCLA Presidents' Award Recipients

By: LacrosseTalk Staff

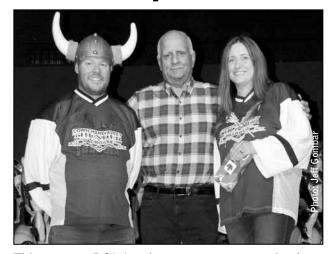
The BC Lacrosse Association recognizes more volunteers in the lacrosse community. Thirty-seven BCLA Presidents' Award recipients were announced at the 2017 AGM over the October 13-15 weekend.

The Presidents' award is to promote and celebrate the spirit of volunteerism by annually giving BCLA organizations an opportunity to acknowledge and thank an individual who has demonstrated outstanding dedication and commitment to lacrosse within their organizations. Each nomination is the selected winner for their local community senior league or minor box lacrosse or youth field lacrosse associations.

The BCLA Presidents Award promotes and celebrates the spirit of volunteerism by annually giving BCLA organizations an opportunity to acknowledge and thank an individual who has demonstrated outstanding dedication and commitment to lacrosse within their organizations.

The BCLA Presidents Award promotes and celebrates the spirit of volunteerism by annually giving BCLA organizations an opportunity to acknowledge and thank an individual who has demonstrated outstanding dedication and commitment to lacrosse within their organizations.

Kerry Cameron, Abbotsford Minor Lacrosse Association
David Goulet, Valley Field Lacrosse Association
Pavel Petrov, BC Junior A Lacrosse League
Liz Lego, Burnaby Minor Lacrosse Association
Gordie Kask, Coquitlam Minor Lacrosse Association
Tanya Smith, Cowichan Valley Minor Lacrosse Association
Christy Hay, Delta Field Lacrosse Association
Renee Close, Delta Minor Lacrosse Association
Bonnie McCue, Fort St. John Minor Lacrosse Association
Liz Hyland, Juan de Fuca Lacrosse Association
Sean Campbell, Kamloops Minor Lacrosse Association
Andy King, Kelowna Minor Lacrosse Association
Cou Lai, Langley Minor Lacrosse Association
Brandi Minion, Mackenzie Senior C Lacrosse Team
Dean Recsky, Mission Minor Lacrosse Association



Thirty-seven BCLA volunteers were recognized with a 2017 Presidents' Award.

Cathy Coulson, Nanaimo & District Lacrosse Association Tammy Tait, Nanaimo Raiders Field Lacrosse Dustin McColl, New Westminster Field Lacrosse Association Nicole Christensen, New Westminster Minor Lacrosse Association Tamara McMinn, North Shore Minor Lacrosse Association Cam Miller, Oceanside Minor Lacrosse Association Anita Davidson, Peninsula Minor Lacrosse Association Roger Terhune, Port Coquitlam Field Lacrosse Heidi Davis, Port Coquitlam Minor Lacrosse Association John Duncan, Port Moody Lacrosse Association Ken Eyles, Prince George Minor Lacrosse Association Albert Cooper, Quesnel Field Lacrosse Paulo Da Silveira, Quesnel Minor Lacrosse Association Sherwin Quilay, Richmond Lacrosse Association Glen Bzowy, Ridge Meadows Minor Lacrosse Association Nancy Passfield, Saanich & District Minor Lacrosse Association Shellie Black, Semiahmoo Minor Lacrosse Association Jason Carr, Surrey Field Lacrosse Association James Bayley, Surrey Minor Lacrosse Association Mark Collett, Vancouver Minor Lacrosse Association Ryan Sam, Victoria Senior C Lacrosse League Susan Atkinson, Victoria Youth Field Lacrosse Association

Scott Named BCLA's Mr. Lacrosse



By: LacrosseTalk Staff

The BC Lacrosse Association's 2017 selection for BCLA's most prestigious award, the Tom Gordon plaque, was longtime fan and volunteer, Ridge Meadow's Don Scott.

The Tom Gordon Plaque is BCLA's highest honour for "Mr. or Ms. Lacrosse" for the outstanding achievement of an individual -- an honour one cannot claim as theirs without commending the efforts of others. The Tom Gordon Shield is one of BCLA's original merit awards dating back to 1969.

"I was extremely proud and honoured to receive such a prestigious award," said Don Scott.

Don has been involved in lacrosse since the 1976 when his son picked up a stick as a Maple Ridge Mini-Tyker. In the 1980's, did colour commentary for community TV coverage of Coquitlam Adanacs games and it wasn't long after that he got involved in his local community as President of the Ridge Meadows Minor Lacrosse Association.

Forty-one years later, he can be seen at a field or an arena watching his son coach his grandson. Scott has served as the Western Lacrosse Association Commissioner, Senior Directorate Chair, BC Junior A Lacrosse League Commissioner, and has served for past 6 years on the BCLA Board of Directors, as VP of Administration/Finance – a position he holds today.

Scott has also volunteered at the national level for the CLA as Convener of both the Presidents' Cup Senior "B" National Championships and the Minto Cup, Junior "A" National Championships. He has truly experienced lacrosse at all levels with many incredible memories.



Don Scott is the 2017 recipient of the Tom Gordon Award.

"My lacrosse life has been so rich with friends and family that it would be impossible to choose one great memory," explained Scott.

Don Scott is the consummate volunteer and tirelessly continues to give back to this great game. His many years of commitment to lacrosse are admirable – something he'd never change for a moment. Whenever he's asked to volunteer his time, he was always quick to say "YES" because of his love for lacrosse.

This award was made even more special celebrating it with his entire family at the Merit Awards Banquet in Whistler.

"It was the very important -- I like to share everything with my family," said Scott.

Don's efforts have not gone unnoticed as, he was the recipient of the 2015 Sport BC President's Award at the Athlete of the Year Award gala....now he can add the Tom Gordon plaque as "Mr. Lacrosse" to his mantle.

Lacrosse's Duane Bratt Wins National **NCCP Coach Developer Award**



CLA's Duane Bratt receives the 2017 Investors Group NCCP Coach Developer Award.

By: CLA

CALGARY, AB - Canada's most deserving and influential coaches and sports administrators will be honoured this evening at the 2017 Petro-Canada Sport Leadership Awards Gala, a group that includes longtime lacrosse volunteer Duane Bratt, winner of this year's Investors Group National NCCP Coach Developer Award.

Hosted by the Coaching Association of Canada (CAC), the Gala recognizes those who live out the values and competencies of the National Coaching Certification Program (NCCP) and the positive impact they have within the Canadian sport community.

'We are all inspired by the coaches and coach developers who ignite change and encourage growth for our athletes within an ever-changing landscape," said Lorraine Lafrenière, Chief Executive Officer of the CAC. "It takes leadership to bring out the best in our coaches and athletes, and the Coaching Association of Canada is thrilled to recognize this year's award winners and the impact they've had within the Canadian sport community."

The Investors Group National NCCP Coach Developer Award recognizes an outstanding individual who has gone above and beyond to inspire and develop certified and trained NCCP coaches in their communities. The winner of this award embodies the spirit and characteristics of the "best of the best" Learning Facilitators and Evaluators throughout Canada.

In 2017, Investors Group presented nine community-level and one national-level NCCP Coach Developer Awards, the latter of which was presented to Calgary's own Duane Bratt.

"Duane has invested time and commitment to the game of lacrosse, and he's had such a positive impact on the lacrosse community across Canada," said Trevor Krahn, Director, Sponsorship & Community Engagement at Investors Group. "He's been such a leader within the sports community and has had such an impact on providing valuable resources to aspiring coaches. We're honoured to present the Investors Group National NCCP Coach Developer Award to him this year."

Bratt, a professor of political science at Mount Royal University in Calgary and father of two, has been involved with the sport of lacrosse as a player, coach and administrator for over 40

He has worked as a Master Learning Facilitator and Evaluator for over a decade, traveling across the country to teach and certify coaches at every level. He is also the Canadian Lacrosse Association's national resource person for coaching, leading the development and design of coaching resources, and chair of the organization's Long-Term Athlete Development committee.

"To be selected as the 2017 award recipient is quite significant to me. I was surprised, and then I was deeply honoured," said Bratt. "This is a tribute to all the other coach developers I have worked with in lacrosse and in the CAC, and to all of the coaches who have taken my many clinics over the years. And, ultimately, it's a tribute to all the players who have benefited from better coaching practices."

In winning this award, Bratt becomes the first member of the Canadian lacrosse community to be honoured by the Coaching Association of Canada, a very significant accomplishment for

Bratt began playing minor lacrosse in Calgary in 1975, before moving to Ontario where he finished his minor career and jumped to the junior ranks with the Aurora Stallions (84'-'88). He played field lacrosse for two years while studying at the University of Windsor ('90-'91), before moving back to Alberta to finish off his career with the senior Edmonton Miners ('93-'94) and Calgary Mountaineers ('95-'96).

Continued from cover article: TITLE: Kelley Family Honours MVPs

By: LacrosseTalk Staff

to the award. Further to the spelling error, grandson Mike Kelley learned, that recipients of the Mike Kelley Memorial Trophy receive a plaque for their efforts, but there has not been an official annual trophy honouring the achievement.

"I met Corey Small (2016 Mann Cup MVP) last year and he was awesome," said Kelley. I met with him, then through Chris Welch (Shamrocks GM), I found out there wasn't a perpetual trophy for being named Mann Cup MVP."

That was about to change!

The tight-knit lacrosse community worked diligently together in Kelley's plight. A co-worker put him on to Victoria Shamrocks' GM, Chris Welch, as well as, BCLA's Sohen Gill and Ron McQuarrie to assist in the project.

"I felt it wasn't right there wasn't a trophy (for the Mann Cup MVP)," said Kelley. "I compared it to the NHL and the Conn Smythe Trophy for the playoff most valuable player -- I wanted it to mean something. I felt badly for the people receiving the award, it should be more meaty.'

"It would be the right thing to do in honour of this guy that clearly worked very hard to make lacrosse a wonderful Canadian sport," said Kelley.

The only right thing for Kelley to do was to donate a trophy in his grandfather's honour.

A beautiful hardwood trophy that stands two feet tall was designed. The design adorns Michael Edward Francis "Mike" Kelley's photo to memorialize him and the true meaning of the prestigious award; a description of Kelley and his lacrosse involvement details his passion for lacrosse; a list of every Mann Cup MVP, their team and year they were MVP...and of course, the correct spelling of Kelley!

"It was cool to get the trophy made up that has such meaning," said Kelley. "I'm not an avid lacrosse fan, but the Shamrocks invited me to a game. I looked at their wall of fame and began to understand the history lacrosse has in the community -- the significance of the award really hit home and it's quite meaningful to me now."

As of the 2017 Mann Cup, the Mike Kelley Memorial Trophy will always be the award it has always meant to be - something special! 2017 Mann Cup MVP, Peterborough's Shawn Evans, was the first recipient to pose with the new

And like the NHL has their keeper of their cup, Mike Kelley has offered to make sure this trophy is taken care of and in good hands for years to come.

"I'm glad I got this done. I couldn't have done it without this great lacrosse community."

His return to Alberta also marked the start of his coaching career, one that has seen him coach box and field lacrosse teams at nearly every level, including for the Calgary Sabrecats, Calgary Axemen and Calgary Field minor associations, the Calgary Chill (Jr. B), and the Calgary Mountaineers (Jr. A, Sr. B).

He has also held a number of administrative positions over the years - with the Alberta Lacrosse Association, Rocky Mountain Lacrosse League, and Calgary Mountaineers - while also finding the time to scout for the Calgary Roughnecks of the National Lacrosse League.

"Duane is the epitome of a lacrosse volunteer," said Lisa Grant, Executive Director at the Alberta Lacrosse Association. "When it comes to coaching, he is always 'on-call' to teach the highest level of the Competitive Development clinic or to evaluate a coach attending a national competition."

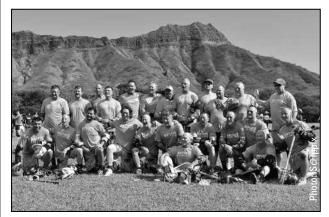
"No matter the task, Duane will gladly volunteer his time," added Grant. "He is always there for grassroots coaches, wanting to help them achieve their potential through education and mentorship."

While the NCCP Coach Developer Awards may be Bratt's most recent personal accolade, it is certainly not his first. He was awarded with the James McFall Memorial Award to become a Life Member of the Alberta Lacrosse Association in 2009, received the Queen Elizabeth II Diamond Jubilee Medal for his work in lacrosse in 2012, and won the Coach Developer of the Year Award from Alberta Sport Connection in 2015.

On behalf of all the players and coaches lucky enough to have been taught by Duane, the Canadian Lacrosse Association would like to extend a heartfelt congratulation on this award and thank him for his commitment to Canada's national sum-

Visit coach.ca to see the full list of award winners from the 2017 Petro-Canada Sport Leadership Awards Gala.

Antiki Masters Win in Hawaii



Antiki Grand Masters won the 2017 Grand Masters title in Hawaii.

By: LacrosseTalk Staff

Hawaii Lacrosse hosted the 27th annual international tournament from October 27-29, 2017. The event is a favorite of teams from all over the world who love playing The Creators Game in paradise!

The 2017 tournament was hosted at Kapiolani Park, located at the foot of Diamond Head. Teams from around North America competed in the Elite, Grand Masters, Masters, Legends and Women's divisions.

The Antikis Masters Field Lacrosse group sent three teams to the event under the team name Antikis. This year, the Antikis



Antikis Masters.

fielded a Grand Masters, Masters and a Legends squad that competed well at the three day lacrosse event on Oahu.

The Antiki Grand Masters opened their tournament with a 10-1 blowout against the Jaybirds (USA). In game two, they battled to the end only to drop a 5-4 decision to Wimmer (USA), which was the precursor to the gold medal game. The Antiki's seasoned veterans, learned from the game before and put together a strong effort to win the title with a 5-2 victory over Wimmer.

Antiki Grand Masters (and some Legends) team roster included: James Abbott, Dave Bensmiller, Brian Bradley, Brian Critchley, Vince Critchley, Troy Dickson, Travis Gathercole, Rob Glancy, Blair Goodman, Steve Goodwin, Warren Goss, Russ Heard, Ken Hinds, Cam Janzen, Ryan Keller, Lyle Leibing, Mike Lynch, Blair Mitchell, Tosh Nishimura, Andy Ogilvie, Craig Stevenson and Tom Temple.

Antiki Legends roster members included: Dave Bensmiller, Steve Booth, Brent Boutilier, Mike Chernoff, Kon Defoe, Chad Hanson, Glen Pollock, Ian Quinney, Bill Schonewille, Bill Smith, Kevin Thipthorpe, Alex Vanichuk and Steve Varley.

The Antiki Masters had a great trip even though they went winless with an 0-4 record. Game scores were 5-4 versus Hawaii, 6-4 to Wimmer, 7-6 to Total Lacrosse Elite and a 7-6 loss to Da Kine Elite.

Antiki Masters roster members included: Kyle McIntosh, Mike Bolzan, Shaun Macrae, Jordan Hernandez, Brad Mc-Donald, Cam Janzen, Winn Cody, Tyler Olson, Tod Olson, Ian O'Hearn, Brandon Fortier, Dehon Hush, Martin Sagmoen, Jeff Pattison, Sean McDonald, Jamie Hackel, David Dennenberg, Walter Green, Lance Crafton and Jeremy Simons.

Many BC'ers took in the tournament and enjoyed the beaches, surfing, hiking and biking that Waikiki offered.

Many of the athletes hail from the Tri-City Masters Field Lacrosse group which runs an eight team Masters league from March to October out of Gates Park in Port Coquitlam. For more information please visit their website at www.tricitymas-

Lacrosse Trecks to Space Needle Shootout



Salmonbellies U11 team won the grade 5-6 Space Needle Shootout.

By: LacrosseTalk Staff

The Washington Lacrosse Foundation hosted their 14th annual Space Needle Shootout on the December 1-3, 2017 weekend in Tukwila, Washington. With 83 teams participating, the SNS is the largest boy's lacrosse tournament on the west coast, with teams from all over the Pacific Northwest and western states (Vancouver, BC to Sacramento, CA).

Out of the 83 teams, 25 teams hailed from clubs in BC including Nanaimo District Senior Secondary, Burnaby, Port Coquitlam, Ridge Meadows, Claremont HS, Royal Bay HS, Coquitlam, Surrey, Langley, Victoria, Nanaimo, New Westminster and Delta.

Over 1,500 youth, middle and high school-aged lacrosse players including many NCAA prospects in the Northwest converged on Tukwila for the 3-day event.

Three BC teams made waves in Washington as the Claremont Spartans Junior Varsity team reigned as High School Division (9 & 10th grades) champs over the PVL Ridge Meadows team. The New Westminster Salmonbellies were the 5th/6th Division



Claremont Junior Varsity team won their 4th straight Space Needle Shootout title.

champs. This was the first time in 5 years that the Claremont Senior team did not attend the Shootout.

Claremont Junior Varsity team also went a perfect 5-0 outscoring their opponents 49-10 at the Space Needle Shootout. The Spartans went undefeated in the round robin with wins over Kirkland (9-2), Ridge Meadows (13-0), and MadLax (14-1). In the medal round, the Spartans battled to an 6-4 win over Island rival Royal Bay HS, and in the final, a victory over PVL Ridge Meadows (7-3) to take the High School (9 & 10th grades) title. This was the 4th title in a row for the Spartans.

The PVL Ridge team reached the finals with wins over Kitsap (14-0), Seatown (7-1), Mercer Island (8-2), Awestruck (10-1) and South Sound Starz (6-3), only to drop the finals to Claremont.

"Our Junior Varsity program pulled off the victory -- many were surprised as we weren't supposed to win this year," explained Claremont Head Coach Darren Reisig. "I think the boys play, discipline and commitment to sticking to the task as a team was the difference."

"We had very good team defense, excellent face-off and wing play, as well as numerous contributions from many players at the offensive end, which made it difficult for opponents to key on any one player. I'm very proud of their efforts."

The New Westminster Salmonbellies team that competed in the 5th/6th grade Division, also came home with hardware. The 'Bellies began the tournament with a 6-6 tie versus South Sound, then re-tooled and beat MI Silver 6-0 to punch their ticket in to the semi-finals. New West handled the Alcatraz Outlaws 6-1 in the semis, and in the finals, met rival Langley Thunder, and battled to a tough 4-3 victory for the title.

"Our team worked hard, came together and overcame some tough competition," noted New West Coach Rich Peterson. "Every player on the team contributed to our success through their commitment and determination. The tougher the game, the better they played, we played some the some of the best lacrosse we have played all season."

This event gives highly experienced youth, middle school and high school players the chance to compete against the best teams from around the region. This kind of opportunity makes this event a must-do for every competitive lacrosse player, as different play and coaching styles clash in an exciting tournament at the Starfire Sports Complex.

The overall Space Needle Shootout tournament winners in each division were:

5th/6th Division Champions- New Westminster Salmonbellies 7th/8th Division Champions - Lake Oswego Youth Lacrosse HS Division Champions (9th/10th) - Claremont Secondary School Elite Division Champions (9th-12th) - Bellevue High School

Cowichan to Host 2018 Summer Games



BCLA Box & Field teams will compete at the 2018 Summer Games in Cowichan.

By: LacrosseTalk Staff

The BC Lacrosse Association will once again compete at the 2018 BC Summer Games, July 19-22, 2018 in Cowichan, BC.

Eight Zone Midget Box Lacrosse teams, for 15 and 16 year old athletes, will compete indoors, while six Zone Field La-



Eight Box Lacrosse teams will compete at the Summer Games in Cowichan.

crosse teams, for 14 and 15 year old athletes, will compete out on the field.

The BCLA, in partnership with the Indigenous Sport, Physical Activity & Recreation Council (ISPARC) will be adding an All-Indigenous Box Lacrosse team. This team will be com-



prised of athletes of Indigenous descent from across the Province to participate in the Box Lacrosse division of the 2018 BC Summer Games being held in Cowichan, BC. The BCLA and ISPARC are excited to work together on this new pilot program with the BC Games Society.

Hurry up and don't miss out on an incredible opportunity to compete at one of BC's largest sporting events.

Player application and information can be found on the BCLA website, soon at www.bclaccrosse.com on the Summer Games page.

For more BC Games information, please visit www.bcgames.org



Cameron McCulloch is the 2017 Jimmy Gunn Award Recipient for Field Lacrosse.

McCulloch Wins Jimmy Gunn Refs Award

By: LacrosseTalk Staff

One of the most thankless jobs in any sport is the job of an official. Without officials the athletes don't have a game to play, thus the importance of officials to athletes and coaches alike.

Three BCLA Official's awards are annually named at the BCLA Merit Award Banquet – one for Minor, Senior and Field. This year, one such ref was acknowledged for his commitment to lacrosse, but was overlooked due to an error at the AGM. This is about getting it right!

Cameron McCulloch started playing box lacrosse at 5 years old with the Coquitlam Adanacs from Mini-Tyke to Junior, and with Adanacs Field Lacrosse from U-10 through U-19. He followed in his dad's footsteps as his dad played lacrosse all his life – the main reason why he played lacrosse.

McCulloch started reffing box lacrosse at 12 years old in 2008 with the younger players and ran the 30-second clocks at games. To him, and many other his age, it was a great way to have an income at a young age.

"When I first started reffing, it was because I could make some real money for the first time in my life," noted McCulloch.

A student of the game, Cam has met many great people along the way to teach him to be a high ranking official.

"I've seen the cool places and great people that reffing can introduce you to, and I've started to realize that I can help other young refs do the same thing."

Asked if he refs other sports, he was quick o reply....

"Nope! Lacrosse is the sport for me."

As one of the up and coming refs for his age, Cam has officiated many high level games already including the gold medal game at the Bantam Boys Box Lacrosse National Championships in 2015, as well as the Team BC and Ontario U15 Field Lacrosse National Championships in Winnipeg last summer.

Cam's advice for any youngsters thinking about getting into officiating is impactful.

"Stick with it! It's not an easy job being a referee, and it certainly can be tough to get out on the floor or field for some games, but the skills you learn can be applied to almost every situation you'll deal with in your life, and you'll be glad that you kept at it! Reffing lacrosse can lead to some incredible opportunities."

Congratulations Cam for being named the 2017 Jimmy Gunn Merit Award recipient for Field Lacrosse Referee of the Year.

Rushton up for Fan the Flame Award



Prince George's Ainslee Rushton played goal on the 2017 Team BC Female Bantam silver medal winning team.

By: LacrosseTalk Staff

Since 2010 the annual Fan the Flame awards have celebrated excellence in sport in Northern BC. The 2018 Fan the Flame Awards Banquet and Gala presented by Canadian Tire, taking place on Thursday, February 8th, 2018 in Prince George, will continue this tradition and celebrate accomplishments of Northern BC athletes, coaches, officials, sport leaders and volunteers for the 2017 year.

"Rising Star" awards will be presented to athletes who have earned extraordinary achievement in their sport. The 2018 Fan the Flame event will recognize the accomplishments for one Junior Female Athlete (U18), one Junior Male Athlete (U18), one Senior Female Athlete (18+), and one Senior Male Athlete (18+).

The 2015 Canada Winter Games embodied both tremendous community spirit and a commitment to excellence in sport. As a continued legacy of the Games, the 2018 Fan the Flame ceremony will also honour as many as four "Sport Difference Makers": coaches, officials, sport leaders and volunteers who have made a significant contribution to the sport within Northern BC.

The BC Lacrosse Association, in conjunction with the passionate lacrosse community of Prince George, including volunteers Myrna Cable, Tracy Green and Scott Brown, connected to nominate a Junior Female Rising Star athlete in Ainslee Rushton.

In 2016, Ainslee was given permission to join the Ridge Meadows Burrards female team to attend an all-female tournament. The team won gold and Ainslee was MVP. Last Summer, she joined the Coquitlam Adanacs Female Box Lacrosse team to attend another tournament. Ainslee and her new team won another gold...

Ainslee, a Prince George product, has made made incredible commitments to travel and play Box Lacrosse in Metro Vancouver for these teams over the years. Week after week, she and her parents would make the trek to the mainland so Ainslee could play Female Box Lacrosse regularly.

Ainslee also attended Team BC camp in spring 2017, and made this Bantam team. Quite a feat as a first year Bantam. She attended Nationals in Halifax in July and came home with a silver medal.

Her banner 2017 lacrosse season and incredible work ethic won her a position on the

2017 Female Bantam Box Lacrosse team that took silver at the Canadian Lacrosse Association Female Box Lacrosse Nationals this past summer in Halifax. As a second year Bantam player, Ainslee will have another opportunity to try for Team BC in 2018,

The 2018 Fan the Flame Awards Banquet and Gala presented by Canadian Tire will recognize accomplishments and contributions for the year 2017. Award recipients will exemplify the characteristics of: fair play, good sportsmanship, and dedication to sport in Northern BC.

Good Luck Ainslee.

Zebras Earned Their Stripes

So Can You, Become a BC Lacrosse Referee!

Be a Leader

Great Part-Time Job

Professional Development



New & Experienced Referees are Welcome for: Men's Field Lacrosse Women's Field Lacrosse

Contact the BCLA at 604-421-9755 or Email info@bclacrosse.com

Roche Gets Call to Burnaby Hall



By: Burnaby Hall of Fame and LacrosseTalk Staff

A world champion curler, an NHL enforcer, and a track and field Olympian will be inducted into the athletes category by the Burnaby Sports Hall of Fame. The hall will induct the trio along with two builders, two coaches and one team at its 17th annual induction banquet to be held at the Burnaby Metrotown Firefighters Hall on Thursday, February 22, 2018.

Three athletes, two builders, two coaches and a team are part of the 2017 induction class. They are: Athletes - Ruky Abdulai (Athleticsheptathlon); Bryan Miki (Curling) and Wayne Van Dorp (Hockey); Builders - Val Roche

(Lacrosse, Soccer, Boxing) and John Stock-dale (Soccer, Swimming); Coaches - Shelley Howieson (Soccer) and Adrian Lavigne (Softball); Team - 1987 Cliff Avenue United F.C. under-16.

Lacrosse's Val Roche was instrumental in early youth lacrosse development in Burnaby.

One day in the 1950's, a youngster was playing in North Burnaby's Confederation Park and ran into an older man while playing with his friends. That youngster was asked why he wasn't playing lacrosse, of which he politely replied -- "I don't have a lacrosse stick." The older man told the youngster to show up at the lacrosse box next weekend and there would be a lacrosse stick for him and he could play with the other children. The youngster showed up and played lacrosse for the first time.

That older fella was Val Roche, the youngster, none other than Canadian Lacrosse Hall of Famer and longtime BCLA President, Sohen Gill.

"He was like the godfather of lacrosse in Burnaby and helped numerous youngsters play lacrosse," noted Sohen Gill. "If it wasn't for Val Roche, many would not have gotten involved in lacrosse." The Canadian Lacrosse Hall of Fame inductee (1975) was considered the father of lacrosse in North Burnaby finding sponsors, coaches and managers after the Second World War and into the 1960's. But Val Roche's contributions weren't limited to that sport. He is also a life member of the B.C. junior and juvenile soccer association, and was instrumental in founding the Silver, Bronze and Emerald Glove junior boxing tournaments.

Roche was a sports reporter for the old Burnaby Advertiser newspaper. He coached, managed, and looked after all the equipment and jerseys.

"There wasn't anything he didn't do," remembered Gill.

Roche's legacy lived on as some many others were affected by his kindness and guidance including Canadian Lacrosse Hall of Famers Gord Gimple (1973) Arthur Daoust (1976), Jack Crosby (1980), Gary Stevens (2003) and Sohen Gill, (2005).

BCJALL Recap & Draft Results



BCJALL #1 Pick overall was Arthur Miller to the Nanaimo Timbermen Junior A team.

By: Owen Munro

It was a packed house at the Langley Events Centre, where dozens of BC's graduating midget lacrosse athletes descended to have a chance to hear their name be called by a Junior A organization.

In the end, 48 names were called, and they are part of a special class. With the vote to shift from an Intermediate-Junior set up to a five-year junior program, many players are in a unique position of establishing a career in a changing landscape. With more options to play either a more competitive brand of lacrosse in Jr. B Tier 1 or a slower pace at Jr. B Tier 3, more junior players than ever will have a chance to play a high level lacrosse.

The Vancouver Island teams dominated the first half of the first round. The Nanaimo Timbermen and Victoria Shamrocks started the day 1-2 in the draft order, and held three of the first five picks. That turned out to be a blessing as many Saanich Tigers were taken in the top rounds - seven to be exact. The Shamrocks actually ended up moving the No. 2 selection to Langley, but still held the No. 4 and 5 picks.

Saanich's Arthur Miller ended up being the first overall pick and Nanaimo will be ecstatic to get a dynamic talent. Miller is the type of player who can turn a franchise's fortunes around and will be a critical piece of the organization going forward. He led the Saanich team to a bronze medal in the Midget A1 provincial championships and was named an all-star at the tournament.

In total, twelve players were drafted from Saanich; ten from Maple Ridge; six from Semiahmoo; five from Peninsula; and three from both Mission and Surrey.

Here is a look at what teams across the league did on draft day and how they set up going forward.

Burnaby Lakers – # 19 Jake Morashita; #31 Nicholas Dos Santos; #40 Liam Jackson-Weeks; #43 Jake Hothi - It was a small haul for the Lakers this year, as they moved a couple of early selections as part of previous trades. They picked up Jake Morishita out of Richmond with the No. 19 overall pick and will likely try to get him into the Jr. A rotation as soon as possible.

Burnaby also announced a new general manager before the draft in Brad Parker, who will be taking over for Jamie Scott. Scott brought stability to the organization and was unlucky not to see his teams produce a few more wins. He has built a good base of young talent the last few years. They got some excellent individual contributions last year, notably from guys like Mason Pomeroy, Kyle Durec and Elijah Uema-Martin in goal. With a few trades also made to bring in some more younger talent earlier in the offseason, the Lakers are trending upwards in 2018.

Coquitlam Adanacs - #3 Ryan Sheridan; #8 Trevor Funk; #9 Jake Molander; #16 Addison Greffard; #32 Braeden Sprague - It's rare to see the Coquitlam Adanacs so far up the draft board, but the team was smart to unload some assets in previous years in order to be set up well for the 2018 draft and beyond. It was also rare to see the A's go a little off the board and

go with an Island kid in Saanich's Ryan Sheridan with that pick. Clearly they see something in Sheridan, and provided they can bring him over as a full-time player, should eventually see the dividends.

They followed that up with back-to-back picks in the first and second rounds, again dipping into the Saanich well to grab Jake Molander with the 9th overall pick.

Coquitlam will have heavy expectations on them again this year, but good organizations find a way to pull through by continually churning talent and make smart acquisitions whether it's from BC or Ontario teams. There's not much there to say the purple and gold will be the team to beat for a few more years to come.

Delta Islanders - #25 Ivan Rojas Jr.; #33 Kevin Sobey; #39 Jacob Podgornik - The Islanders were another team that seemed to choose to sit on the sidelines than get involved in the crazy action of trading and swapping picks. They were finally up with the opening pick of the fourth round and took goaltender Ivan Rojas Jr. out of Semiahmoo. Rojas had a lot of experience playing Intermediate lacrosse as a midget call up last season and may be able to play from day one for the Islanders, possibly in a backup role.

Coming off a disappointing 4-17 season, the Islanders will likely still be rebuilding and instead look to stay competitive then push for a title this season. But the players they added are local players that will likely be able to be groomed into something at the Jr. B levels before making the jump. They also added a pair of Port Coquitlam Saints in Dylan Nishiyama and Brayden Zunti. The Islanders still have a great talent base and with Kyle Goundrey expected to return behind the bench, they will have some consistency going into the new season.

Langley Thunder - #2 Braeden Washington; #11 Reece Hansford; #12 Isaac Ngyou; #18 Matthew Abbott; #21 Josh Coupal; #23 Drew Kask; #29 Kaidin Sheehan-Davies; #34 Josh Bramley; #37 Luke Evans; #45 Ben Spare - The Thunder collected a massive amount of picks, with ten overall and six in the top 25 alone. They made a couple huge trades to move up and get their guys, swapping picks with Victoria to grab cornerstone goaltender Braeden Washington out of Maple Ridge. This group has a lot of talent all throughout and will definitely push the Jr. A club for spots under the

Langley has an experienced group at the Jr. A level and will be looking to push their club into a consistent top-four performer in the league. If Washington eventually develops into the goalie the Thunder clearly think he can, it gives Langley's typically good group of athletes a much better chance to win night in

Nanaimo Timbermen - #1 Arthur Miller; #11 Reid Matthews; #14 Kyle Drouin; #17 Luke Warmenhoven; #24 Justin Geddie; #35 Denver Maloney; #38 Will Powley; #41 Brayden Flynn; #48 Chris Combiadakis - The T-Men were another team that got a solid haul of prospects for the future. With nine kids, a majority coming from strong programs like Saanich and Midget A2 gold medal winners Peninsula. The focus now turns on taking that talent and turning into wins, as Nanaimo looks to avoid another disappointing season.

The organization has many of the right pieces in place and with additions in guys like Miller and Matthews, they will be a tough out on most nights.

New Westminster Salmonbellies - #7 Drew Andre; #47 Liam Birch - It was the tiniest haul this draft season, but the Salmonbellies likely don't care as they got one of their top targets on draft day in Maple Ridge's Drew Andre. Andre has had a decorated midget career and will be

a great addition for the fish as they continue to chase down the Adanacs for BCJALL glory.

The 'Bellies will have to transition a bit after losing some key members of their team, including last season's MVP Connor Robinson and standout defender Drew Belgrave, who is having a breakout rookie year with the NLL's Toronto Rock. They also picked up some experience in landing Keegan Bell from the Port Coquitlam Saints in exchange for the rights to Jacob Patterson and Ethan Symons. But previous good drafts and a feeder system that's still amongst the best in the province means the cupboard is anything but bare in the Royal City

Port Coquitlam Saints - #6 Jacob Dunbar; #15 Francis LaRoue; #22 Kyle Hooper; #26 Kyle Brandon; #27 Jude McAdie; #30 Ryan Suzukovich; #42 Lochlan Munro; #46 Brodie Plowright - You can tell the Saints scouting staff was at a few Semiahmoo Midget A2 games this year. The club invested their first three picks in Semiahmoo players, and that may not be a bad idea.

Semiahmoo were one of the strongest teams in the A2 division last year, and they were often led by this trio. Some may be surprised at Jacob Dunbar being the first mainland runner off the board, but those who have watched him know he can become the complete package offensively.

The Saints were busy with eight total picks, and some of that may be necessitated by not wanting to repeat last year's start to the season. Poco was missing more than 15 regulars from their team at one point due to school commit-



ments, and while the Saints rounded into form as one of the toughest outs in last season's playoffs, getting a cohesive team together is also important. The Saints may end up leaning on some of these players to help them avoid getting into another early season funk.

Victoria Shamrocks - #4 Patrick Dobbs; #5 Nolan Dalep; #13 Travis Pullan; #20 Denton MacDonald; #28 Angus Connorton; #36 Ryan Tomer; #44 Owen Russell - The Shamrocks were the other benefactors of having one of the province's strongest Midget teams be on the Island. As we saw with Coquitlam, some teams will take the chance if the prospect seems right, but it's rare and it gave the Rocks a great draft. Dobbs and Dalep could be day one players. and all seven players they selected came from strong programs.

Victoria has a wealth of talent but also has a number of strong players moving up from the Intermediate ranks. That injection of youth may be what the 'Rocks need to give the consistency and depth required to go on a deep playoff run, and challenge the big dogs in the league.

A Family getaway that will even have you saying "Are we there yet?"



Family getaways can always be difficult to plan. That's why we plan them for you. We like seeing the smiles on everyone's faces knowing there's fun behind every corner. Delta has plenty of indoor and outdoor activities to keep everyone busy and plenty of beds to keep you relaxed. Call Delta to find a package fit for the whole family.

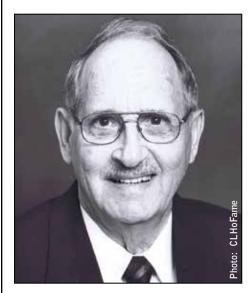




www.deltahotels.com

1-800-268-1133

Hall of Famer George Goodrich Dies at 89



George Goodrich.

By: Lenora Murrin

On Thursday November 16, 2017, George Goodrich passed away at Maplewood Care home in Abbotsford, BC at the age of 89. George is predeceased by his first wife Margaret, oldest son Gary and second wife Ella.

George was known by some as "The Godfather of the Surrey Rebels." He was heavily involved in the Surrey Lacrosse Association for almost 40 years. His involvement began in the mid 1960's when his sons, Rick and Randy played the sport. He attended a general meeting at the North Surrey Rec Centre where only three others attended. The then President told him he was a new member of the Surrey Minor Lacrosse Board of Directors, which at that time was only two teams. George went on to later become the President, of Surrey Minor Lacrosse Association – a crossroad to expanded lacrosse growth in the Surrey community.

"When I was President we would take 10 to 12 lower mainland teams to Victoria on an exchange and the Victoria teams in turn would come over to the mainland. This was something we did for about five years with teams from Tyke to Midget," George stated.

As his sons, Rick and Randy got older, Goodrich got involved in Intermediate lacrosse and became league commissioner. When Surrey started a Junior A program, he was President of that league for two years. In 1979, George and his wife Margaret, began the Junior B Rebels and later moved them to Junior A. The Surrey Senior B team started in 1983 – this offered Juniors the opportunity to stay and play lacrosse in Surrey. George carried on with the Senior B's until 2005.

During his tenure with Intermediate, Junior and Senior lacrosse in Surrey, he also served at the Provincial level as BCLA Vice Chair of Senior Directorate, moving on to serve as BCLA Vice President for three years and then BCLA President for two years (1985-1988). He stepped back from his Surrey Rebels roles to focus on his BCLA duties, but was back at the helm for the Surrey Rebels Sr. B team, even though he was trying to "retire."

In 2002, George was inducted as a Builder into the Canadian Lacrosse Hall of Fame. Three seasons later, the Surrey Rebels Sr. B team was handed over to a group in Abbotsford, changing them to the Valley Rebels. A team that still competes in the West Coast Senior B Lacrosse League today.

Some successes for the Surrey Rebels were: In 1980, the Intermediate team won Provincials and went to Baie-Comeau, PQ for the Nationals. A few years later, the Senior B team won three consecutive BC Championships and played in the Presidents' Cup Nationals in 1986, 1987 and 1988. In 1986, Surrey hosted the Presidents' Cup National Championship

tournament at the North Surrey Rec Centre. The Senior Rebels competed at the 1987 and 1988 Presidents' Cups in Fergus, ON and Halifax, NS respectively -- winning silver in 1988.

George will be missed by a large number of friends and "lacrosse family".

In Memoriam

Arnott, Doug. June 1, 1939 - October 26, 2017. The Vancouver Burard's' outstanding equipment manager of the 1970's, Cultus Lake host and, above all, a wonderful man who was always a positive force in the dressing room and a pleasure to be around at all times. Any Burrard that know Doug, can all look back in their playing days with fond memories of how Doug took care of Burrard players and what a great Burrard he was.

Baker, Vernon Lyle. December 7, 1952 – January 3, 2018. Baker was a longtime player and volunteer of the North Shore Indians lacrosse community.

Dubrett, Joshua. Our hearts and thoughts go out to the family and friends of Joshua Dubrett who passed away on November 2nd in a tragic car accident. A gifted lacrosse player from Kelowna who played with Penticton and North Okanagan, most recently Josh played with the Okanagan Wild Intermediate A team. Josh was a Team BC athlete who participated as a Team BC U19 box lacrosse player in the 2017 North American Indigenous Games.

Gale, Douglas W. April 27, 1934 – January 2, 2018. Passed away peacefully in Penticton Regional Hospital after a courageous battle with cancer. Born in Saskatoon, Saskatchewan, he

grew up in Penticton and raised his family in North Burnaby. An avid lacrosse volunteer, Doug spent his retirement years in Penticton with his wife Heather, a longtime BCLA member.

Serr, Aiden James Allen. Born January 3, 1998, was suddenly and tragically taken from us on November 13, 2017. He leaves behind his loving family father Mike, mother Kirsten, sister Kiana, grandparents Jim and Barb Serr, grandmother Joanne Urdahl and great grandparents Roy and Violet Kosinski. Aiden played lacrosse in the Ridge Meadows lacrosse community.

Stewardson, Stan. Stewardson, who impacted so many lives positively, passed away Oct. 26, 2017, one day before his 79th birthday. Stewardson, a talented basketball player and highly regarded coach in his day, was a big part of the successes of the SFU Basketball program in the 1970's and 80's. In the 1994 New Westminster Junior Salmonbellies season, Stan joined the club after an illness to coach Ernie Truant, and steered the squad towards a magical Minto Cup championship. Stewardson, an avid lacrosse fan, also coached WLA's Maple Ridge Burrards Senior A lacrosse team in the late 1990's.

Zokol, Stanley. Stan was born in 1926 and passed away peacefully on December 18, 2017. He played 31 games for Richmond in 1949-50 netting 8 goals and 24 points.

SUBWAY

SUBWAY® is a Registered Trademark of Subway IP Inc. © 2018 Subway IP Inc.

Subway® BCLA 2018 Field Lacrosse **Provincial Championships**

FIELD PROVINCIALS

U11 Boys Invitational Tournament Surrey Newton Athletic Park February 2-4, 2018

U18/15/13 Boys Tier 1 & 2 Provincials Burnaby **Burnaby Lake Sports Complex** February 9-12, 2018

U15/12 Women's Field Provincials Langley Willoughby Fields February 9-12, 2018

For schedules and additional information visit

www.bclacrosse.com















SUBWAY® is a Registered Trademark of Subway IP Inc. © 2018 Subway IP Inc.

Subway® BCLA 2018 Box Lacrosse **Provincial Championships**

BOX PROVINCIALS

Bantams Richmond July 5-8, 2018

Female Box Lacrosse Victoria-Cowichan Valley July 12-15, 2018

> Pee Wees Coquitiam July 12-15, 2018

> Midgets Burnaby July 26-29, 2018

For schedules and additional information visit

www.bclacrosse.com













Team BC Female Athletes College Bound



Adrianna Santucci

Jessica Soenen



Courtney Hanson



Jaxsyn Schonewille



Paige Sutton

By: LacrosseTalk Staff

In 2011, the Team BC Women's Field Lacrosse program was born. Seventeen athletes comprised the inaugural team – most with plenty of lacrosse experience, albeit of the Box Lacrosse discipline.

Many of the Women's Field Lacrosse athletes in the early stages of the program were cutting their teeth on the field learning the nuances and skills to be successful at their trade. Under the guidance of Team BC Coordinator, Reynold Comeault and a coaching staff, headed by developer Naomi Walser, the program developed "hybrid-athletes" using their box skills in a field environment.

"It's been a very productive progression for our female athletes in the Team BC Lacrosse Program," stated Team BC's Reynold Comeault. "I continue to hear how colleges and universities are eager to recruit our players based on their style of play. Coaches commonly comment that they are very impressed



with our players' grasp of fundamentals and the creative approach that they bring to the field."

Seven short years later, our female athletes are succeeding in the classrooms and on the field while getting noticed by NCAA programs. Where there were few opportunities for these athletes in the past, Team BC and club programs have put our athletes on the recruitment radars of many and opened the doors for opportunities. To date, 50+ Team BC female athletes have made college connections with NCAA institutions as student athletes in lacrosse programs at Division 1, 2 and 3 schools.

The 2017-18 version of the Team BC Women's Field program has seen more athletes make college connections with many making verbal commitments and signing letters of intent this past year. Team BC Women's Field athletes Graceyn Dean (Kent State) and Makenzie Jenner (Denver) have made verbal commitments to NCAA schools. Team BC athletes that recently signed letters of intent to NCAA schools include: Courtney Hanson (Campbell), Adrianna Santucci (LIU Brooklyn), Jaxsyn Schonewille (Kennesaw State), Jessica Soenen (U of Indianapolis), Paige Sutton (Lindenwood).

Team BC Women's Field Tryouts in February



2018 Team BC Women's Field tryouts are February 24 & 25 in Langley.

By: LacrosseTalk Staff

The 2018-2019 Team BC Women's Field Lacrosse Program will host the Provincial Tryout Camp on February 24th and 25th at the Willoughby Community Fields in Langley, BC.

Player application and online registration information can be accessed on the BCLA

Team BC pages at http://www.isportsnetwork.com/bcla_womens_field.php

Registration Deadline: Thursday, February 22, 2018 to BCLA Office by 4:00 PM.

The Camp dates and times are as follows: Saturday February 24th (9:00am - 2:00pm) and Sunday February 25th (9:00am - 5:00pm) at the Willoughby Community Fields in Langley, BC.

Registration Form and Information is as follows. Players who have not applied by the deadline date will not be permitted to try-out for Team BC. All players must be registered in Women's Field Lacrosse, with BC Lacrosse Association, for the 2018-2019 playing season. Team BC will be presenting the 2018 Women's Field Lacrosse Travel Program that will take place between November 2018 and January 2019. Plans are to form three teams in these divisions - Senior, Sophomore and Freshman. All participants must pay a \$125.00 fee to the BCLA to attend the Tryout Camp. This covers a Team BC pinnie, t-shirt, water bottle and refreshments, field time, coaches and the cost of officials.

LACROSSE WANTS YOU!

Box & Field Players

Register Now to be a part of one of the Greatest Youth Sporting Experiences in British Columbia



BOX Lacrosse Midget Boys (born 2002 or 2003) &

FIELD Lacrosse Field Boys (born 2003 or 2004)

July 19 - 22, 2018 in Cowichan, BC Visit the BCLA Website for registration details.



Team BC U15's Impress In Towson



Team BC U15's went undefeated with 6 wins and a tie at the Autumn Gold Tournament in Maryland.

By: Ray Richards & LacrosseTalk Staff

The Team BC U15 Men's Lacrosse team travelled to Maryland to compete at the 2017 Autumn Gold Showcase over the November 10-12, 2017 weekend. This team carried on its winning ways after a successful 2017 Alumni Cup National title this summer.

After a challenging 2016 tournament (1 win, 4 losses), this year's team was a different story and had plenty to prove. The Team BC U15 team finished with 6 wins and a tie in Maryland and sparked plenty of interest in our athletes from prep schools, colleges and universities alike. All games took place at Loyola Blakefield High School and Towson University outside Baltimore.

"We didn't prepare differently for this trip, but we needed to make sure we were in better shape to push the ball faster and ride harder in Baltimore, said Head Coach Ian Radonich. "We also had the players view game footage from Field Nationals and focused on team offense and defense."

Exhibition game: Team BC (8) vs. Elev8 (Calgary, AB) (0) (Towson Stadium)

A Friday night friendly on a cold and windy evening, Team BC had a great match-up with a Canadian counterpart, Elev8 from Calgary. This game marked the first time back together for the U15's since their National title on Labour Day. The boys were well prepared and played like nationals were yesterday.

Team Elev8 was a big and prepared squad -- but once the opening whistle blew, there was no stopping Team BC. The U15's were readv to roll on the first face-off. Elev8 was unable to stop BC's relentless attacking offence and wellorchestrated ball movement. With great team play at both ends of the field, the U15's dictated the flow of the game and scored at will, besting Elev8 by an 8-0 score.

Both goalies (Bland and Watson) were outstanding, stopping everything that came thier way. A great all-around team effort, from strong defense, dominating ball control and a persistent attack lead the team to victory. Team scoring: Luca Antongiovanni (3G), Jack Charboneau (1G, 2A), Liam Cry (1G), Austin Ducommun (1G. 1A), Graham Goodfellow (1G), Rhys MacDonald (1G, 1A).

Game 1, Team BC (6) vs True IL (Illinois) (2)

The first game of the tournament was played in -5 degree weather but did not cool Team

BC from playing their up-tempo game. Carter Clark and Trey Dergousoff commanded possession off the draws throughout the game. The U15's were up 5-0 before Illinois scored their first goal. Team BC went on to win 6-2. Team Scoring: Luca Antongiovanni (2G). Carter Clark (1G), Seve Cordero (1G), Rhys Porteous (1G, 1A), Thomas Vela (1G), Joshua Yachney

Game 2, Team BC (3) vs PB Revolution (Palm Beach, FL) (3)

PB Revolution was a big, fast team that was evenly matched with the U15's. This game proved to be a track meet with end to end action and trading goals. After each goal PB scored, Team BC countered with a goal. With Team BC down 3-2 in the dying moments, barrages of shots were thrown at the PB net only to be turned away by their goalie. Rhys MacDonald picked up a loose ball in front of the net and quickly buried a backhand into the top corner just before time expired, ending the game tied at three. Team scoring: Seve Cordero (1G), Rhys Porteous (1G), Rhys MacDonald (1G).

Game 3, Team BC (5) vs. True Minnesota (3)

True Minnesota was the toughest opponent Team BC faced three games into the event. Facing another big, strong and skilled team, the U15's were up for the task. The U15's took an early lead against a resilient True Minnesota squad. Team BC played a strong game from the goalies to the attack and were able to shut Minnesota down and control the ball most of the game. On many occasions, the Team BC defenders gained position and jumped up into the play on transition – something True Minnesota had no answer for. At the final whistle, Team BC defeated True Minnesota 5-3. Team scoring: Luca Antongiovanni (2G, 2A), Rhys Porteous (2G), Jack Charboneau (1G).

Day 2, Game 4 Team BC (5) vs Rock Elite 20 (Maryland) (3)

The U15's started out a little slow after a full day of lacrosse. Team BC scored a couple early goals and was able to stay ahead of the Rock throughout. The Rock stayed within one goal most of the game. Once the U15's got their legs under themselves, the BC boys pulled ahead for good and took the wind out of the Rock's sails. The final score was Team BC 5 and Rock Elite 3. Team scoring: Luca Antongiovanni (1G, 1A), Thomas Vela (1G, 1A), Riley Arsenault (1G), Seve Cordero (1G), Rhys Porteous (1G), Jack Charboneau (1A).



"The players started to really click and their playmaking abilities were impressive." - U15 **Head Coach Ian Radonich**

Game 5, Team BC (4) vs Eastside Lacrosse (Maryland) (3)

Five games in two days started to take a toll on Team BC as they competed on Sunday afternoon. Eastside Lacrosse were the next opponents that never gave up. Team BC got the early lead before Eastside netted their first goal. This energized the Maryland side and they clawed back to even the score at three. Then Team BC stalwart, Luca Antongiovanni, took the game in his own hands in the final minute, picked up a loose ball, dodged through the Eastside defense and scored to secure the victory. Team Scoring: Luca Antongiovanni (2G, 1A), Rhys Porteous (2G), Jack Charboneau (1A), Joshua Yachney (1A).

Game 6, Team BC (10) vs Team 91 Mary-

The final game of the tournament was against and impressive Team 91 Maryland team. After

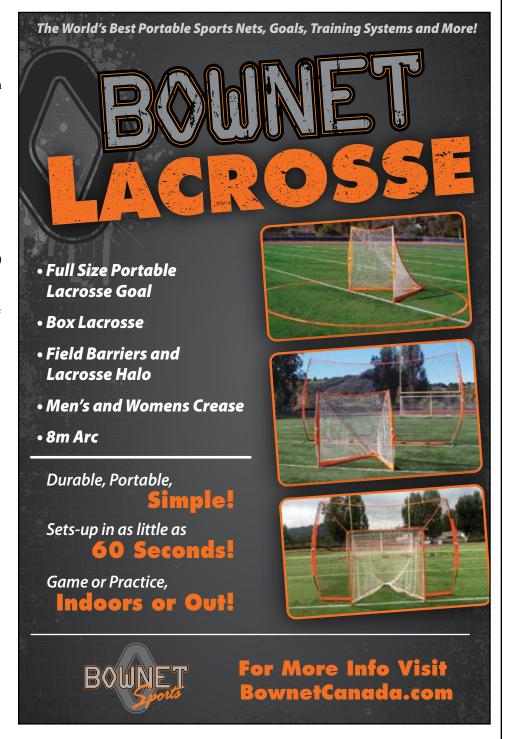
warm-up and an inspiring talk from the coaches, the U15's were ready to go. As it turned out, Team BC were pumped by the speech and gave Team 91 all they could handle by dominating all aspects of the game. There was no stopping them on this day, from the opening whistle to the end, Team BC was all over Team 91 as they scored at will, and left their best for last, in a lopsided 10-2 win. A great final game was played by all! Team scoring: Seve Cordero (4G) , Luca Antongiovanni (2G), Riley Arsenault (1G), Jack Charboneau (1G), Rhys Porteous (1G) and Joshua Yachney (1G).

"In day one, we moved the ball at a quicker pace and pushed the ball on transition – we scored half our goals in transition," noted Radonich. "The next day, the players started to really click and their playmaking abilities were impressive."

"I was a bit surprised with how the speed of the game is quicker and the 30 second rule for entrance into the box forced us to play fast and efficient. I'm really impressed with the group's cohesiveness -- they are a really good group of young men that get along and are good friends."

Team BC Field Coordinator, Reynold Comeault, has been impressed with the first-year head coach and his accomplishments to date.

"I couldn't be any more pleased with the job Ian has done with the U15 team this season," praised Comeault. "His organized approach and attention to detail, both on and off the field, achieved the results for the athletes as well as Team BC as a program. Ian has taken a group of athletes and introduced them to fundamentals, structure, competitive habits and a culture of success that will undoubtedly stick with them for years to come. This U15 team may have been the first team in our program's history to go through Nationals as well as the recruiting event undefeated."



Team BC Rides Out 2018 Sandstorm



All Team BC Women's Field Athletes posed together in California.

By: LacrosseTalk Staff

All four Team BC Women's Field Lacrosse teams competed at the 2018 Sandstorm Lacrosse Festival at the Empire Polo Grounds in Indio, California on January 13-14. Over 350 boy's and girl's teams competed over the 2 day event.

For the Freshman team, this was their first major tournament event of the season and finished off strong with a 2-3 record. Team BC scored 24 goals while yielding 38 goals.

On Day 1, the Team BC Freshman dropped three games – 8-5 to Seattle Starz and 9-1 to 3D Colorado and 9-4 to Grit Dallas. With one day under their belts, the team regrouped to rattle off two close wins. The Freshman team won a tight 6-5 win over Tenacity Bay Area in the first game of the final day. In their last game, down 7-3 at half, the team rallied to turn the momentum and finished the game with nothing left in their tanks. They completed an incredible comeback to beat Mad Dog (CA) 8-7 to round out the tournament.

Head Coach Fred Jenner and Assistant Derek Murrell were happy with the Freshman team performances at Sandstorm tournament. Using the phrase 'we are either winning or learning' in every game – the team learned plenty along the way.

After three straight losses on day one, the team talked about the changes that needed to be made in order to succeed.

"Our Freshmen were able to learn from our first few games and finish the tournament with strong team play," said Jenner. "Coach Murrell and I can't be more proud of these girls -- especially the ones that are playing with Team BC for the first time. The talent level our team played at in the tournament was some of the best in their age group. Playing in the USA is definitely a challenge for them, but they stepped up, never gave up and rose to every challenge."

The Sophomore team won 3 and lost 2 games in the Lewis Division. They netted 37 goals while only 23 against. Team BC Sophomores started off with two losses, 6-3 to Seattle Starz and 10-7 to Grit Dallas, but finished day one on the right side of the ledger with a decisive 8-2 victory over Tenacity Elite Sacramento. They carried on their winning ways with a 6-4 decision to Tenacity Elite Bay Area and a blowout 13-1 win over 3D Colorado.

"I was so proud of how our team came together at Sandstorm," said Coach Jason Carr. "The Sophomores have come a long way since our first practice and have improved tremendously. They believed in the system and executed to near perfection. It was a real pleasure coaching a group of girls that truly play as a team, that trust one another, and continuously put their teammates before themselves both on and off the field. This attitude, along with a desire to compete, was the reason for their success."

The Team BC Juniors were well-equipped for a good showing at this tournament. The Juniors won 2 and lost 3 games but could have easily been 4-1 in the Davis Division. They came with their sticks loaded and went on a scoring spree as they netted 44 goals while allowing 39 against. Team BC Juniors lost their first game 8-6 to Tenacity Elite Bay Area, but bounced back to win two straight – the first win was a tight 11-10 decision over Utah Mamaci Elite and a 15-5 trouncing of the LA Aces. On day two, they dropped two close games, 8-7 to the Pacific Falcons and 8-5 to the Seattle Starz.

"We ran the field well and played great team defense to keep the games close" said Coach Blair Bradley. "The girls worked incredibly well as a cohesive group. The athletes learned more about their games and are better for it -- I'm proud how well we played this year."

"The Juniors played great team defense all season," said Coach Dan Stroup. "We battled hard on loose balls, worked hard and moved the ball well, but there's still room for improvement in facets of our game. The team is a great group of athletes and I'm proud of our improvements over this season."

The Team BC Senior team went 2-3 in the round robin in the Hepburn Division. They started off with a tough 8-7 loss to Fuzion HS (CO) and a 12-4 loss to Puget Sound Select (WA). They rebounded with a good performance only to lose 7-5 to Tenacity Elite Bay Area (CA). The Seniors stuck to their game and



"The experiences gained by our athletes will serve as great memories and benefit them in their pursuits." – Team BC Field Co-ordinator Reynold Comeault

finished to tournament with two wins, 7-5 over OC United (CA) and 8-6 Utah Liberty Lacrosse.

"The Seniors competed well at Sandstorm," said Coach Geordie Dean. "We played hard and gave it our all each game. I'm proud of the determination of these young ladies and wish the best to all that have further lacrosse opportunities at school."

2017-18 marked the first time, in the seven years of the Team BC Women's Field Lacrosse Program, which four women's teams competed at the Sandstorm event in Palm Springs. Team BC Field Lacrosse Coordinator, Reynold Comeault, was impressed with everyone's efforts and grateful for the connections the athletes made during this experience.

"Each team competed very well in the highest skill level pool of their respective categories," noted Comeault. "The send-off was again very emotional for the Senior team who have spent the past four winters training and competing as a group representing Team BC. We wish the girls who will move on to compete in NCAA Lacrosse Programs, as well as, those who will pursue other avenues of education or vocation, all the best in their future endeavors. The experiences gained by our athletes will serve as great memories and benefit them in their pursuits."

Team BC U14 Enter Sandstorm



Team BC U14's go 3-1-1 at Sandstorm Tournament

By: LacrosseTalk Staff

2017 marked the return of the Team BC U14 boys Field Lacrosse Program. Past seasons, this team was a U13 team, but the program has returned to be U14 to retain athletes in the Team BC system and not lose participants in gap years. The U13's won the Adrenaline Lacrosse Tournament in 2017 and look to compete at a high level again in 2018.

This year, the U14's attended the Sandstorm tournament in Indio, California over the January 13-14 weekend.

Nearly 160 boy's teams of various age groups from around the western regions competed at the 2-day event. Miles of fields and thousands of lacrosse enthusiasts lined the fields for two days of action. Returning Head Coach Steven McKinlay has added assistants Vinni Ricci and Ryan Ishakawa to the staff.

They trained the young athletes for weeks prior in preparations for Sandstorm.

Coach McKinlay and was pleasantly surprised with the team preparation and the seeing the growth of the athletes week by week.

"The growth of the team was huge," noted Head Coach Steven McKinlay. "Their understanding of our systems showed a lot of maturity and lacrosse IQ. The chemistry of the team grew exponentially and peaked at the end of the tournament. These kids really enjoyed playing for each other and it is too bad that it had to end. The coaching staff looks forward to working with this group again."

The Team BC U14's were near the top in their category and ended up with a record of 3 wins, 1 loss and 1 tie in the Tahquitz Division. In the opener, the boys took some time to get their legs and fell short to a good LA Maveriks team in a 6-2 loss. They quickly got down to

business and rebounded with a decisive 8-4 victory over Palo Verde Lacrosse Rough Riders (Los Angeles, CA). In the last game of the day Team BC continued to roll and stayed hot under the California sun and doubled DOCO Lacrosse Devils (CO) 6-3.

On day two of the tournament, Team BC started their day off scoring at will and handily defeated the Newport Beach Surf 11-2. The U14's headed into the final game of the day with hopes of moving into the final games, but could only muster a 4-4 draw with a tough So Cal Lacrosse Dawgs (CA).

This was the U14's first trip to the Sandstorm tournament and the first as a U14 squad. Team BC Field Lacrosse Technical Coordinator, Reynold Comeault, was impressed with the U14 level of play and what the athletes have learned in two years under Coach McKinlay's tutelage.

"Coaches Steve McKinley (Head Coach), Vinny Ricci and Ryan Ishakawa (Assistant Coaches), prepared our group in every aspect of the game and the organization of our group was evident," said Comeault. "Our objective was to expose our skilled athletes to the highest level of competition and I couldn't be more pleased with the caliber of our play — Team BC performed very well."

The results on the field cannot be overlooked by the preparations behind the scenes.

"I would be remiss to not mention the support I had from Gord Kask and Alex Vanichuk that made the entire process easy," mentioned McKinlay. "I admire the time these two put in as volunteers -- they are role models for other



"The growth of this team was huge — their understanding of our systems showed a lot of maturity and lacrosse IQ." — U14 Head Coach Stephen McKinlay

parents who want to support their athletes. My assistants, Ryan Ishikawa and Vinni Ricci, are two of the best lacrosse minds I have worked with and men of great character. I hope to work with this staff again."

The parents were especially impressive and many praises were noted for their help, whether it was driving equipment bags back and forth from the fields, hosting a BBQ, loading coolers full of gatorade and snacks, billeting the island players or just showing up and supporting the players at games.

Coach McKinlay's message to his athletes is about being ones best all the time.

"I'd ask them to remember that excellence is not something that just happens. It is the result of good habits. The best players are the best because they play with discipline, intensity, and focus for a longer duration than their peers."

Team BC Women Showcase Talents in Florida







Team BC Women's Field Junior Team.



Team BC Women's Field Senior Team.

By: LacrosseTalk Staff

This year's Florida adventure had the Team BC Sophomore, Junior and Senior teams travel south for the annual IWLCA Brine/New Balance President's Cup Recruiting Tournament in Orlando, Florida and Lake Myrtle Sports Park in Auburndale, Florida November 17-19, 2017. This marked the first time three Team BC teams competed at this event

The President's Cup is a showcase of lacrosse athletes, and their talents, for numerous college and university coaches to scout and make connections with young up and coming lacrosse players. This has been the stage where many Team BC athletes have made impressions on college scouts and made the connections to further educational opportunities.

To add to their busy schedules, all Team BC athletes were treated to additional competitions and training. The annual BC/Alberta Women's Travel Team Chalice took place to kick off the trip with Team BC Seniors once again coming out victorious with a 14-7 win. The Sophomores took on IMG High School Academy (FL) and battled hard, but fell short in the end by 3 goals, while the Junior team competed in

an athlete combine in front of many of the US College and University coaches.

The Sophomores started their tournament with a good nervous excitement, but dropped a 9-3 game to Team One Wildcats (NY). The girls shed their early jitters and got their feet under themselves. In game 2, the Team BC Sophomores were up against VA Metro (Virginia). Team BC battled hard to the end and dropped a 10-9 decision at the final whistle. Game 3 pitted the Sophomore ladies against TLC 2020 White (North Carolina). Team BC put together their best offensive effort of the tournament and won a hard-fought 7-4 match. Team BC's final game ended in an 8-6 loss to team Ultimate 2020 Hustle of Denver.

Head Coach Jason Carr instilled an overall team concept to best train the athletes for what's ahead. Coach Carr was really proud of how the Sophomores competed at the President's Cup.

"We teach and promote the idea of a team based system where all players have a role that helps contribute to the team's success -- all play both offensive and defensive positions," explained Coach Carr. "As the girls rotated

through each spot they adapted nicely to their role in each position. It was awesome to see these girls all trusted this concept. Our success in Florida came from unselfish team play. I strongly believe that this attitude will help them not only grow to become great lacrosse players but also help them in life."

Assistant Coach Ashley Bull has put her mark on the team too teaching many aspects, including face-offs, with the team.

"It is awesome to have Team BC Alumni and NCAA D1 graduate, Ashley Bull, on our Sophomore coaching staff," noted Team BC Coordinator Reynold Comeault. "A former Canisius College team captain, she gives our athletes a high level of skill development and game sense. I'm so proud of the calibre of individual that Ashley has become - as a member of Team BC Women's Lacrosse inaugural team some seven years ago, Ashley has matured into a role model our young female athletes aspire to become."

The Team BC Juniors scored plenty of goals early netting 40 goals for while yielding 45 against in 4 games. Game one proved to be a lesson on goal scoring for both squads as Team BC dropped their opener 15-11 to a talented MC Elite 2019 Midnight team. Game two offered much of the same as a tough Tenacity Elite Bay Area 2019 (California) team handed the Juniors a 15-9 loss. Team BC Juniors turned the tables in game three with their highest offensive output of the tournament with a 14-7 victory over TLC 2019 White (CA). To round out the tournament, the Juniors played their Team Elevate 2019 Blue (Maryland) and dropped a tight 8-6 game.

"The girls played great at the Presidents" Cup," said Junior Head Coach Dan Stroup. "They were entered in the strongest division and competed in every game. The girls showed well with their strong stick skills and ball movement. We will look to improve on our draws and draw control."

The Senior squad started the their tournament against a powerful Seattle Starz Elite (Washington) team and lost 16-4. The ladies regrouped and learned from their errors quickly under the tutelage of decorated coaches Geordie Dean and Josh Wahl. In game 2, Team BC battled hard in their best game of the tournament, only to lose 7-6 to team Ithaca (New York). Team BC Seniors faced off against Summit Elite (Colorado) in game 3. After falling behind, the Seniors battled back but fell short 8-4 in a losing cause. In the final game, fatigue had set in as Team BC faced a skilled team Strungout Lacrosse (Maryland), who handed the girls a lopsided 14-2 loss.



"All athletes have shown promising improvements since training with Team BC," said Senior Head Coach Geordie Dean. "We look to improve on our speed and quick ball movement in transition."

Team BC Field Lacrosse Co-ordinator, Reynold Comeault was impressed with the Team BC efforts as well as the attention the athletes received from college coaches. Many NCAA college recruiting coaches attended each game and scouted Team BC athletes.

"Once again both leading up to the event and on the sidelines I couldn't feel any more fulfilled with the comments and praise from US college coaches who applaud Team BC on their aggressive style of play," remarked Reynold Comeault. "The comment 'I would like to have 3 or 4 of your players" is not an uncommon comment that I heard on multiple occasions."

"Through the guidance and development of Team BC Coaches, our female athletes are truly prepared for the recruiting events that we attend. Team BC Women's Field Lacrosse is on the list of many college coaches recruiting calendars."

The Team BC Women's Field Lacrosse high performance program increased by one team in 2017 (four teams) including the Freshman, Sophomore, Junior and Senior age categories. These categories match similar age groups to assist the college and university scouts in their recruitment of athletes.

Thank you to all coaches, athletes, parents and volunteers for the great experience this year. A big thank you goes out to Team Managers Rita Stroup, Michelle Dean and parent assistant. Brandi Carr, for their tireless commitment and hard work to make the Team BC experience memorable. Team BC Field Lacrosse Technical Coach, Rey Comeault and Women's Field Lacrosse Program Head Coach, Dan Stroup, continue to drive the program in a direction to make our players coveted.



Toll Free: 1-866-552-7671 Greater Vancouver: 604-552-7671 textileinnovations.com dwood@textileinnovations.com

1-866-552-7671



Tournaments Retailers * FundRaisers* Camps*

WANTED!

2018 Team BC Box Lacrosse Athletes



BOYS: Pee Wee Nationals - Whitby, ON BOYS: Bantam Nationals - Saskatoon, SK BOYS: Midget Nationals - Calgary, AB FEMALE: Bantam & Midget - Halifax, NS

For Additional Team BC Information visit www.bclacrosse.com Click the Team BC Page NOW!

VICTORY TROPHIES

Your One Stop For All Your Award & Trophy Needs



#12 - 5901 East Broadway, Burnaby

Call 604-298-9534 www.victorytrophies.com



Western Canada's #1 **Lacrosse Outlet**

604-464-7621

Entry to Pro, Mens & Womens, Box & Field Lacrosse Equipment

Footwear • Apparel Goaltender Gear • Team Sales On-site Custom Stringing and **Indoor Test Cage**

PLACES YOU'LL FIND

SPECIALS • COUPONS • DRAWS



Follow us on Twitter: @mountainedgelax



Proud Supporter

New Year for SFU

By: Clayton Fenney

With the change of the calendars comes new life in 2018 for the #25 Simon Fraser Clansmen with a fast approaching season starting in February. Entering their 23rd season, SFU hunts for their 10th PNCLL Conference championship ring after being left with a sour taste in their mouth last year losing in the finals. While the 2018 MCLA National Championship in Salt Lake City, Utah is set for May, the preparation has already begun after a strong fall ball slate, and early season practices ramping up with the return of school.

SFU's fall pre-season started down in sunny California playing three games in the Bay Area against Diablo Valley College, #3 California-Berkeley, and Stanford. The first game was full of back-and-forth action but saw the hometown Vikings win with under 2 seconds left in the game by a goal. The Clan travelled to Berkeley the next day to play in historic Me-

morial Stadium, losing to the 2017 semi-finalists in a 5 quarter game. The trip finished with a Clan win in Palo Alto against the Stanford Cardinal before travelling back to Burnaby. Additionally, the Clan beat cross-town rival UBC twice on Terry Fox Field during the fall semester, and tacked on a intra-squad game before the winter break.

Moving into the new season, SFU was ranked #17 by Inside Lacrosse in their annual pre-season poll for the MCLA with conference rival Oregon being placed at #15. With the addition of two new players for the Spring semester, the Clan look to move forward with a young, but able, roster led by six seniors spanning all positions. To kick the season off, the Clan start on the road returning to California to play Santa Clara and #22 Sonoma State before the home opener on Feb. 23rd against a PNCLL opponent in the Idaho Vandals. The month of March is all spent on the road

with SFU flying to San Diego to play the Concordia-Irvine, who move to Division 1 in 2018 after winning the 2017 MCLA Division 2 National Championship, as well as San Diego State. The following weeks SFU heads down the I5 to Corvallis, Oregon to play the Oregon State Beavers, before heading to Boise, Idaho the week after to take on #6 BYU and Boise State. The Clan then have an April home stand where Terry Fox Field will see Western Washington on Apr. 7th, #13 Oregon on Apr. 13th, and Washington State for Senior Day on Apr. 15th. The Clan then end their regular season in Seattle against the Washington Huskies, followed by the PNCLL Conference Championships in Lake Osewgo, Oregon Apr. 27-29th, and the MCLA National Championships powered by Under Armour May 7-12th in Salt Lake City, Utah.

Follow along with the Simon Fraser University Clansmen this lacrosse season online



The Clan look to improve on their 9-5 record from 2017.

at www.sfulacrosse.com and on social media (Facebook - Simon Fraser Lacrosse, Twitter - @fraserlacrosse, and Instagram - @fraserla-

Three-referee Officiating Crews in Lacrosse

A developing trend in the indoor lacrosse world sees the game moving to a three-referee system along with a shot-clock operator. You've seen it at higher professional and international levels in the National Lacrosse League (NLL) and at the international senior men's level – most recently at the 2017 European Box Lacrosse Championships in Finland.

The three-referee on-floor crews have widely received praise from players and coaches. Now in its second full season in the NLL, it's also the system being used in the US colleges (field), interstate leagues (field), the Arena Lacrosse League (box) in the east and leagues

This article will endeavour to talk about the merits, the considerations required before implementing it and the mechanics in such a

First, a third referee on the floor would assist with player safety, add another set of eyes on changes and scoring plays, and help to keep a set of eyes on incidents in those cases where a skirmish breaks out. It's something already in place for the top level of field lacrosse and at the highest levels of the indoor game.

Certainly it's something that could benefit all indoor leagues not just in BC, but across the country. But, of course, there is a level of investment required.

In 2017, the Western Lacrosse Association used a three-referee system for its exhibition season to show the merits of the third official on the floor. While no formal plans are in place to expand to a three-referee system yet, it's something that could be considered. It would be of value at both the senior and minor levels as the game continues to increase speed and skill and players get stronger and faster, with more dynamic play around the net.

The answer to 'why not' is fairly simple: it takes an investment and that investment comes

from teams already trying to stay competitive with other costs to consider. You add a third game fee for another official and additional dollars for mentoring and training officials to be ready to move to a new system. There's also, arguably, a gap in the number of officials who would be ready to move into that level and speed of game, and a third official on the floor has the potential for inconsistency.

However, is it not worth it to keep the players safe and fans happy? With the increased focus on reducing contact to the head, having a third official on the floor will help to protect the shooter and passer and lead to more caught infractions but, equally important, a better angle on the contact. If you have someone watching - remember, Santa was here not that long ago – you're more likely to decide not to do something bad. So, in addition to catching more of these dangerous and reckless hits, you also have a proactive, deterring element.

While improved player safety is at the forefront of the three-referee system, there are other advantages. It allows the game to keep moving quickly with three referees it's easier to keep flow and play moving. And it increases accuracy, especially with contested plays at the crease and determining if the ball crossed the line, whether or not there was a crease violation, or even considerations on goaltender interference

The three-referee system utilizes two officials on the same side of the floor and a third, single-side official who supports. The Lead Official covers activity in and around the crease, including looking for crease violations; the Trail Official is following the ball on the play and can watch for late contact on a shooter or passer – they share the same side (away from the bench) of the floor. In transition, the Trail Official becomes the new Lead Official and follows the quick transition down the floor, while the former Lead Official becomes the new Trail referee. They are also responsible for

watching for illegal changes. The Single Side Official provides support from across the floor and can help with crease infractions when the Lead Official is blocked out, can assist with picking up contact after the shot or pass, and can see contact where the Lead and/or Trail Official may be blocked out.

Three-referee mechanics is something already implemented in field lacrosse – at the senior and minor level. Bigger games in our province and country have a third on-field referee. In fact, for Field Lacrosse National

Championships you also have a Chief Bench Official and Bench Manager, so a five-person crew in place.

In a game that is more physical and has more things happening behind the scenes, there are advantages to have a third on-field official for indoor lacrosse. This is something that administrators of leagues of all levels may need to discuss and consider and something for the development program for referees to ponder in the years to come.



Thursday June 21, 2018 Golden Eagle Golf Club Pitt Meadows, BC

\$500 & \$950 Hole Sponsorships **Prize Donation Opportunities Available**



For event details, visit us at www.bclacrosse.com or contact us at 604-421-9755 (Ext. 3)





Stealth Earn First Victory Over Bandits



Joel McCready (#55) scores O.T. winner in Buffalo for Stealth's first win.

By: Trevor McManus

The 2016-17 season, it was certain, the Vancouver Stealth were a playoff team. In May of 2017, they made their first post-season appearance since moving to Langley Events Centre.

Uncertainty.

That feeling quickly turned to uncertainty in the early 2017-18 NLL season. Four games in and no wins to mention. Goaltending, defense and offense seemed to have all dried up at the same time! The blue line depleted by the departure of long-time Captain Curtis Hodgson and John Lintz traded his stick and gloves in for a blazer and a clipboard in his new role as Defensive coordinator. Only five weeks into the season and there were questions aplenty. How to turn it around?

A trip to Banditland.

The Vancouver Stealth went on their second eastern trip of the young season, this time into Buffalo. Much like the four games past, the opposition was able to secure an early lead. But it was not the case of games past as the Stealth were able to score 5 goals in the second, 2 goals in the third and 3 goals in the fourth. The game looked to be over as they held possession with

less than a minute to go in the game with a 10-9 lead. Unfortunately, an unforced giveaway led to the game being tied with 22 seconds remaining in what should have been the final frame. The potential of a 0-5 season was right around the corner until Joel McCready took possession in extra time and buried the game winning goal, earning Vancouver their first victory of the season. The question remains, how do they continue their winning ways?

Small Duplication.

Corey Small is coming off the most productive season of his career. In 2017, he had 46 goals, 55 assists and a Stealth organization alltime high of 111 points and was the runner-up for the NLL MVP. He continued his hot hand in the summer where he captained the Victoria Shamrocks to a Western Lacrosse Association Finals appearance. In 18 regular games he led the league in goals with 38, assists with 50 and points with 88. In the WLA Finals where he scored another 16 goals, 31 assists and 47 points in 12 playoff games. Fast forward to the 2017-18 NLL season. Small was held goalless in back-to-back games, a feat he has not succumbed to since his NLL rookie season. But when Number 15 is sparking so do the Stealth. Against Buffalo, Small scored a natural hat trick in 1:05 of play and ended the game with 4 goals and 4 assists.

"For me as an offensive player, one of the numbers I keep track of is shooting percent and if you are in the 20% you are having a year and that is something I am aiming for in the upcoming games," said Corey Small. "Some of the other things I am trying to work on is stuff that does not get noticed like loose balls. That was one of my numbers that declined last year so that is something that I am trying to sort out. If you can scoop up a loose ball then you have another chance at an offensive shot. Right now, I am

focusing on playing my game and just trying to be the best player and teammate I can be."

Standing tall.

Another member of the Stealth roster that stirred the team's drink was goaltender Tye Belanger. Number 31 was a 2016 offseason acquisition and surprised many with his sixth NLL season. He played over 800 minutes of regular season action and posted an 11.28 goals against average and a league-high 0.796 save percentage. He has yet to be able to touch those numbers in early 2018.

"Sharing the net was not a situation I was preparing for, it is not something that I wanted to happen, but this is what we are working with right now," said Tye Belanger. "It is important to watch and observe, being a good team guy in the dressing room and I find that motivates me because you can become a better goalie off the field as well. I have been told it is tough to get the top and I believe I was one of the top goalies last year, but it is even harder to stay there. But I do not want to focus on last year, it was fun while it lasted but this year, my new mentality is one game at a time and focus on the now and not worrying about the future. It's imperative to get back to the type of numbers I had last season. To gain some team success my numbers need to replicate last year's."

A successful Stealth season relies in the net. Outside of Belanger, Vancouver acquired the 6'7' and 260lbs goaltender Brodie MacDonald. Big Mac is coming off a Champion's Cup with the Georgia Swarm. Last season he posted an 11.70 G.A.A and 0.767 save percentage. He has seen some action inside the Stealth crease this season, but it has not been up to last year's championship form.

Vancouver's coaching staff often talks about their "three goalies!" The often forgotten about Eric Penney could be a key piece to Vancouver turning their ship around. Penney who had not played in the NLL since April 30, 2016 got the start against the Bandits, he did not disappoint. For the first time this season, the goaltender stole a game for the Stealth. Penney made 52 saves, posted a 9.65 G.A.A and a 0.839 save percentage. He has been sitting on the Steatlh's practice roster dating back to last season, but that does not mean he has not been busy during the summer. Penney led the Burnaby Lakers of the WLA to first place in the 2017 regular season, he led the league with a 7.02 G.A.A bad a 0.856 save percentage.

The issues have piled up early for the Stealth, but the fact remains, this is the NLL and they are not out of the playoffs. The goal for the season is to get through the uncertainty and duplicate last season's success. That will fall on Corey Small and the goaltenders. But the crease should belong to Penney until he decides to give it up.



Tournaments Retailers * FundRaisers* Camps*

BC Lacrosse Association 2018 EVENTS

Subway® BCLA Field Lacrosse Provincial Championships

<u>U11 Boy's Invitational</u> February 2-4, 2018 Newton Athletic Park

U18/15/13 Tier 1 & 2 February 9-12, 2018 Burnaby Lake Sports Complex

U15/12 Women's Field <u>Lacrosse Provincials</u> February 9-12, 2018 Willoughby Park, Langley

> Box Lacrosse Coaches Clinics

Clinic Participant Info. Visit bclacrosse.com Click Coaches, Clinics, Box

> Box Lacrosse Officials Clinics

Clinic Participant Info. Visit bclacrosse.com Click Officials, Clinics, Box

SUBWAY

Way To Go!

Brad Hara (CLA Women's Field Lacrosse Chair)

Brad Hara has been a lacrosse lifer as an athlete, coach and executive member spanning 45 years. He began as a youth player in Burnaby in the 70's up to Junior A with Richmond Roadrunners/Outlaws in the 1980's. After Juniors, he jumped right into coaching the Jr. Outlaws as an assistant in the mid 80's. Brad has carried on the tradition of lacrosse volunteerism in the Hara family offering his time to his community.

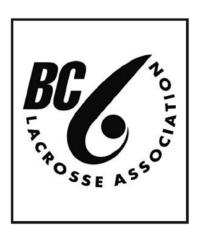
In 2004, Brad returned to coaching in Burnaby for over a decade and held various roles on the executive. In 2007, he added President of the Burnaby Devils Field Lacrosse Club to his portfolio, while coaching and increasing participation numbers over 8 seasons.

Hara served as PCFLL Vice Chair of Women's Field for 2 years (2010-12). He and the PCFLL have grown Women's Field Lacrosse and has proudly been a part of the successful 7V7 tournament since it's inception.

From 2014-16, Hara served as Lakers Jr. A and Int. A GM and he's currently President of the Burnaby Jr. Lacrosse Club. Brad has taken on a leadership role as the CLA Chair of Women's Field lacrosse. He's been instrumental in delivering the U19 Women's Field National Invitational tournament since 2016.

Congratulations Brad!

B.C. Lacrosse Association Subway® Restaurants Volunteer Award



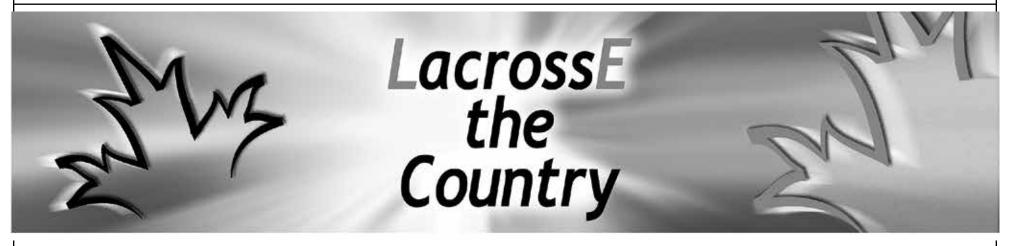
Brad Hara

The SUBWAY® "Way To Go!"Volunteer award is offered to BC Lacrosse volunteers who best exemplify the meaning of community & sport. This person goes over & above the call of duty in the BC Lacrosse community.





SUBWAY® is a Registered Trademark of Subway IP Inc. © 2018 Subway IP Inc.



Reinholdt Wins Baggataway-BC Athletes in CUFLA

By Stephen Stamp

The Western Mustangs took 15 years to finally win the Baggataway Cup again in 2016. This time they only had to wait 12 months to enjoy the sensation of hoisting another Canadian University Field Lacrosse Association championship.

Western put on an offensive show on Baggataway Cup weekend at Queen's University in Kingston November 3-5. The Mustangs scored 43 goals in three games, culminating in a 16-14 win over the rival Brock Badgers in the final.

One of the key contributors to the Mustangs' championship was Coquitlam native Reid Reinholdt. A graduate of Limestone University, where he was no stranger to winning titles, Reinholdt is in law school at Western. He's attending the London, Ontario University in part because it works out well with his other job. playing forward for the National Lacrosse League's Toronto Rock. That gig almost forced him to miss the Baggataway, though.

With the NLL season beginning almost a month earlier than usual this year, several teams' training camps coincided with the CUFLA championship weekend. Reinholdt spent quarterfinal Friday at camp with the Rock but then was allowed to make the three-hour drive east on Highway 401 to join his teammates in purple for the semis and final. In the latter game he faced some familiar faces: Rock teammates Brandon Slade and Latrell Harris also star for Brock.

Reinholdt was named an All-Canadian midfielder for CUFLA West's regular season, made the Baggataway Cup all-tournament team and topped off his outstanding fall by being named CUFLA's midfielder of the year.

And to think there was a chance he could have had to miss the whole championship weekend.

"I consider myself a team guy. I would absolutely hate to play the entire year with these guys and then leave during the finals," Reinholdt said of his Mustangs mates, "but if the Rock told me I had to be there I was going to be there. That's my first priority. Matt Sawyer said that he supports myself, Latrell and Slade coming here. I think a lot of lacrosse guys understand that. You only have these opportunities a limited number of times so you may as well take advantage of them."

Slade was named CUFLA's top graduating player. He became just the second Badger in Brock's illustrious history to hit the

300 career points mark. With everything he did at the school, it's likely he will one day join the other player in that exclusive club, Shawn Williams, as a member of Brock's athletic hall of fame.

Below are all the award winners for CUFLA's 2017 season, followed by the dozen British Columbia student-athletes who competed in the league this fall.

Jackson Rakoczy, Western

Rakoczy was an All Canadian faceoff man in the East for the Queen's Gaels. He kept up his dominant ways at the dot after heading to Western for teacher's college, winning 75% of his faceoffs this season (268 of 324). Rakoczy stepped his game up to an even higher level at the Baggataway Cup. He won 29 out of 35 faceoffs for a brilliant 82.8% success rate to lead the Mustangs to the championship.

Graduating Player

Brandon Slade, Brock

Slade capped off an historic career with the Badgers with an 83-point season that made him just the second Brock player ever to reach the 300-point plateau, joining Shawn Williams.

Outstanding Attack

Sam Postma, Laurentian

Postma led all CUFLA players with 51 goals this season despite always being guarded by an opponent's best defender. The righty attack added 16 assists for a total of 67 points.

Outstanding Midfield

Reid Reinholdt, Western

Reinholdt played his best games against the toughest competition all season, including scoring 10 goals and 4 assists in three Baggataway Cup playoff games.

Radovic Defensive Award

Josh Harris, Brock

Harris put on a defensive clinic in the Baggataway Cup final and contributed offensively by scoring the goal that forced overtime. That was typical of his quietly dominant play all season.

Outstanding Goalie

Hayden Walsh, Guelph



Western Mustangs Win their fifth Baggataway Cup since 1985.

Walsh excels at stopping the ball, posting a 63% save percentage this season. He augments his contributions with excellent passing that generates clears for the Gryphons.

Outstanding Rookie

Sam Firth, Bishop's

Firth's 51 points were tops among rookies and sixth overall in CUFLA.

Coaching Staff

Guelph Gryphons

The Gryphons staff of head coach Sam Kosakowski and assistants Dan Cannon, Mike Kraemer and Mike Tombollini had Guelph peaking at the perfect time, leading to a semifinal appearance for the young team.

BC Players in CUFLA

Western

M Reid Reinholdt, Coquitlam A Mack Burns, Burnaby

Bishop's

A Cam Bateman, Port Moody A/M Reece Tomkow, White Rock M Douglas Porter, Prince George

M Gabriel Chamberlain, Roberts Creek

McGill

A Naoll Degife, New Westminster

M Liam MacDonald, North Vancouver

M Kai McDonald, Coquitlam M Kieran McKay, Richmond

M Hunter Zawada, Kimberley

Toronto

M Jaxin Da Roza, Surrey

Canada Dominates Iroquois Nationals 25-7 in Groundbreaking **U17 Game To Open Heritage Cup**



By: CLA

HAMILTON, ON – The undercard for the Heritage Cup on Saturday featured the future stars of Canada and the Haudenosaunee. In the U17 Showcase, Team Canada defeated the Iroquois Nationals, 25-7, at the First Ontario Centre in downtown Hamilton, Ontario.

The victory was the first of two for Canada, as the senior men's team took care of Team USA 19-6 later in the evening.

Having the U17 game become a part of the annual event will certainly go a long way in growing the indoor game internationally at the younger age levels.

"It's great if we can build it up to a U17 or U19 tournament, whatever the case may be," said Team Canada U17 head coach Josh Sanderson. "For these guys to be able to put on that jersey and battle in front of over 5,000 people is great for them and they are only going to get better from it."

Iroquois Nationals U17 head coach Jim Barnes shared that sentiment as he recapped his team's experience in the game.

"It was amazing," he said. "For these young men to be able to go out and play against Team Canada, in an atmosphere like this, was special."

The Iroquois played its best lacrosse in the third quarter, scoring five times. Landon General scored two, while Shendon Smith, Mason Hill and Nicholas Tremblay netted one each.

The Canadians, however, controlled play from start to finish, jumping out to a 9-1 lead after the first quarter. Justin Sykes got the offense going early as he opened the scoring with back-to-back goals just 1:20 into the contest, completing the hat trick at 11:10.

Having the opportunity to represent Canada was a proud moment for the Oakville, Ontario native.

"It's just an honour being able to play with all the best guys from around the provinces, and being able to represent my country," he said.

Canada's U17 squad featured 20 of the best midget-aged players in the country, including nine from Alberta, eight from Ontario, and one each from British Columbia, Nova Scotia and Quebec.

Roman Smoot, who hails from Sherwood Park, Alberta, also expressed his appreciation for being selected to play in such a prestigious event.

"It's probably one of the best feelings I have ever had," he said. "I remember when my mom called me and she told me I made it. I don't think I slept for two days. I was super excited."

Smoot began playing lacrosse a bit later than most, picking up the game in fourth grade after watching the Edmonton Rush. On Saturday, Smoot not only had a chance to play against the Iroquois, but he had the opportunity to watch his favourite player, Mark Matthews

"That's what I want to be one day," said Smoot, who wears Matthews' No. 42. "He's not the fastest guy and he is not the super agile guy, but – in my mind – he is the most impactful player on the floor. That's something I really aspire to do."

The game was only the third international U17 event, with Canada and the Haudenosaunee having previously played one another at the 2013 Heritage Cup in Montreal, as well in a pair of games during the 2015 FIL World Indoor Lacrosse Championship on the Onondaga Nation.

Canada Claims Heritage Cup Box Lacrosse Game with 19-6 Win Over U.S.

By: CLA

HAMILTON, ON - The Canadian national box lacrosse team earned an impressive 19-6 win over the U.S. at the 2017 Heritage Cup game in Hamilton, Ontario on Saturday night. The four-time defending world champions kept their unbeaten streak alive, improving to 24-0 on the international stage since 2003.

Mark Matthews led the charge with three goals and five assists, while Curtis Dickson added four goals and three assists of his own. Team captain Dan Dawson, along with Shawn Evans, Dhane Smith and Ryan Benesch, also contributed offensively with two goals apiece.

"To play with such talented guys is an honour," said Team Canada defender Paul Dawson. "It's special to put on the Canada jersey, but to win on that floor in front of friends and family is even more special."

Dawson and his teammates did a tremendous job keeping some of the sport's biggest names in check, including field lacrosse superstars Rob Pannell, who got an assist in his box lacrosse debut, and Paul Rabil, who had two assists in his first indoor game since 2013.

Things looked promising for the U.S. after the opening quarter, down only 5-2, but Canada's high powered offense would hit its stride in the second stanza, scoring five unanswered goals to take an 11-5 lead into the break.

The aggressiveness and physicality of the Canadian defense helped them hold the U.S. scoreless in the third quarter, adding six goals of their own in the frame to build a commanding 17-5 lead.

A pair of Toronto Rock players brought home some hardware, with Canadian goaltender Brandon Miller and American forward Tom Schreiber earning Player of the Game honours for their respective countries.

Miller was superb between the pipes, turning away 38 shots, while Schreiber, the reigning NLL Rookie of the Year, netted a hat-trick in the losing effort.

The revival of the Heritage Cup, and the decision to host it in Hamilton, provided many in attendance at the FirstOntario Centre with their very first opportunity to watch the national team in person.



Team Canada Men's Box team wins 2017 Heritage Cup.

"This is the first time the Canadian indoor team has played in Ontario since 2003," said head coach and Hamilton native Eddie Comeau. "That's a lot of years to be on the road, so to play at home is a great opportunity for our fans to see some of the best lacrosse players in the world."

The inaugural Heritage Cup game took place in Mississauga, Ontario in 2002, and saw the U.S. defeat Canada by a score of 21-16. The Canadians bested the Americans two years later in 2004, winning 17-8 in Denver, Colorado.

After a short hiatus, the event returned to Montreal, Quebec in 2013, where Team Canada defeat the Iroquois Nationals in a nail-biter, 12-11

"I think this event is great for both teams," added Comeau. "It was great for the U.S. as it gave them a chance to get together a lot earlier than they ever have. We saw some great things out of them. They have some great players and are gonna be even better when the world championship rolls around."

Canadian Lacrosse Community Mourns the Passing of Dave Huntley

By: CLA

OTTAWA, ON – The Canadian lacrosse community lost a truly influential figure on Monday December 18, as Dave Huntley, 60, a man that impacted an entire generation of players and coaches, passed away in Florida.

It is with heavy hearts that we extend our sincerest condolences in this difficult time to his wife, Nancy, and two children, Kevin and Michelle, as well as his extended family and his friends.

Huntley, a native of Toronto, Ont., was a driving force behind the evolution of field lacrosse in Canada over the past four decades. He helped shape the national team program into an international powerhouse, winning three gold medals along the way.

He was involved, as a player, coach or manager, with every senior men's world championship team since 1978.

As a player for Canada at the 1978 FIL World Lacrosse Championships in England, he helped guide them to a thrilling overtime victory over the U.S. to capture his country's first ever gold medal. He rejoined the team four years later, in 1982, and brought home bronze.

He transitioned to coaching once his playing days were over, and was on Canada's coaching staff for five consecutive world championships, from 1986 to 2010, including as head coach in 2006 when Canada won gold on home soil in London, Ont.

More recently, Huntley was the men's field program director for Canada at the 2014 World Championship in Denver, where he helped select the coaching staff and players that eventually triumphed over the U.S. to capture yet another gold medal.

While his personal accomplishments and accolades were numerous, Huntley will be most remembered for his good character and kind-hearted nature. He was a well-respected man who was extremely passionate about the game of lacrosse and cared deeply about the people that were involved with it.

An outpouring of love and admiration from members of the lacrosse community have flooded social media since news of his sudden passing were made public last night, which are recapped in the articles below.

Lacrosse Community Stunned by Death of Dave Huntley

Lacrosse Legend Dave Huntley Died Suddenly in Florida on Monday

Huntley grew up playing box lacrosse, but found his true calling in the field game.

He was a standout midfielder at John Hopkins University in the 1970s, helping the Blue Jays capture the NCAA Division I national championship twice, in 1978 and 1979. He was named a three time All-American and also took home the McLaughlin Award as the nation's top midfielder during his senior season.

An impactful player on the field, Huntley's tremendous technical knowledge of the game and his player-first coaching style helped him craft a successful career behind the bench and on the sidelines at both the collegiate and professional ranks.

He began his National Lacrosse League (NLL) coaching career with the Philadelphia Wings in 1987, and worked in various capacities with several other franchises, both behind the bench and in the front office, over the next 10 seasons.

He also coached Major League Lacrosse for eight seasons, capturing a league title with the Baltimore Bayhawks in 2005 and Toronto Nationals in 2009. He was named an assistant coach for the Atlanta Blaze when the team joined the league in 2016, and took over as head coach mid way through their first season.

A resident of Towson, Md., Huntley previously served as assistant coach for Loyola University and was the longtime offensive coordinator for nationally ranked Calvert Hall High School.

His successes on the field and the sidelines were recognized by his peers in 2011, when he was inducted into both the Canadian Lacrosse Hall of Fame and the US National Lacrosse



Dave Huntley (centre with hat) with Team Canada Men's Team as 2014 FIL World Champions.

Hall. He is also a member of the Johns Hopkins Athletic Hall of Fame.

Huntley was a teacher and a mentor, and had a positive impact on so many people in the lacrosse community. His legacy will continue to live on through the players, coaches and administrators that had the privilege of learning from him over the years.

The Canadian Lacrosse Association, along with its national team program coaches and athletes, are forever grateful for his leadership.



LEARN LACROSSE

Fun with Lacrosse Fundamentals is a 3-part DVD series that provides demonstration of key lacrosse skills, techniques and strategies.

Great for Individuals, Teams and Coaches

Learn from Lacrosse greats:
Shawn Williams | Delby Powless | Steve Toll

DVD's are \$10 each or all 3 for \$25

To order, please download the BCLA Resource list at www.bclacrosse.com

Brent McCauley Named Referee in Chief for 2019 **World Indoor Lacrosse** Championship

NEW YORK—The Federation of International Lacrosse (FIL) has selected veteran Canadian men's lacrosse official Brent McCauley to be the referee in chief (RIC) for the 2019 FIL World Indoor Lacrosse Championship (WILC). Canada will host the quadrennial event Sep. 19-28, 2019, at the Langley Events Centre in Langley, British Columbia.

"I would like to thank the FIL for the tremendous honor to be chosen as the RIC for the 2019 FIL World Indoor Lacrosse Championship. I'm looking forward to working with my colleagues to provide the best, fairest officiating we can at this championship," Mc-Cauley said.

The referee in chief is responsible for guiding all FIL referees and assessors in all officiating matters regarding performance before and throughout a championship event requiring extensive understanding and demonstrated application of FIL indoor rules and interpretations as well as strong practical and theoretical knowledge to evaluate and advise the event referees and assessors in real time.

"Brent brings a wealth of experience to the WILC," said Tom Sutton, chair of the FIL men's officiating committee. "Being involved in the last two World Indoor Championships will greatly assist Brent transitioning to RIC position for the 2019 games. I look forward to working with him."

McCauley, 55, served as assessor for the 2011 FIL World Indoor Lacrosse Championship in Prague, Czech Republic and the 2015 WILC hosted by the Onondaga Nation in Syracuse, New York. He has officiated junior through major box lacrosse in Canada for over 25 years including, three Founder's Cups (Canadian Jr. B Championship), three Minto Cups (Canadian Jr. A Championship), two Presidents Cups (Canadian Sr. B Championship), one Mann Cup (Canadian Sr. A Championship) and the 2007 World Indoor Lacrosse Championship in Halifax, Nova Scotia. McCauley served as the RIC for three Founder's Cups, three Minto Cups and two President's Cups. He also was chair of officiating for the CLA for six years through 2016.

Steve O'Shaugnessy, CLA director of domestic development, was delighted by the FIL's decision. "The Canadian Lacrosse Association is very pleased that Brent McCauley has been selected by the Federation of International Lacrosse as the referee in chief for the world indoor championship in Langley," said O'Shaughnessy. "Brent's vast experience at the national level, where he has served as both an official and as the referee in chief at multiple national championships, combined with his involvement as an official and assessor at the past three world championships, make him the ideal candidate for this position."

According to Andrew Corbould, CLA chair of officiating, "Brent has a breadth of experience at all levels of box lacrosse. He has officiated for many years, and his work behind the scenes as a clinician and supervisor at the national and international level are key reasons he was recommended for the position. We know that he will continue the strong leadership presence Canadians have contributed on the international stage in leading the officiating team in Langley. On behalf of all Canadian lacrosse officials, I would like to congratulate Brent on being selected as RIC."

McCauley grew up and resides in Brampton, Ontario, with his wife, Lori. He has a daughter,

About the Federation of International Lacrosse

The Federation of International Lacrosse (FIL) is the international governing body for men's and women's lacrosse. The FIL currently has 60 member nations and holds five World Championships: Men's Lacrosse World Championship; Under-19 Men's Lacrosse World Championship; Men's World Indoor Lacrosse Championship; Women's Lacrosse World Cup; and Under-19 Women's Lacrosse World Championship. Each event is held on a quadrennial basis. The FIL is responsible for the governance and integrity of all forms of lacrosse and provides responsive and effective leadership to support the sports' development throughout the world.





Subway® Restaurants LacrosseTalk **National Rankings** (2018 Pre-Season Ranking)

Senior A Lacrosse Top 7

- 1 Peterborough Lakers
- 2 New West Salmonbellies
 - 3 Six Nations Chiefs
 - 4 Burnaby Lakers
- 5 Victoria Shamrocks
- 6 Brooklin Redmen
- 7 Maple Ridge Burrards

Junior A Lacrosse Top 10

- 1 Six Nations Arrows
- 2 Coquitlam Adanacs
- 3 New West Salmonbellies
- 4 Mimico Mountaineers
- 5 Brampton Excelsiors
- **6 Whitby Warriors** 7 Victoria Shamrocks
- 8 Okotoks Raiders
- 9 Orangeville Northmen
- 10 Port Coquitlam Saints



Lacrosse Talk – Fall 2017

BCLA Phone # 604-421-9755 Publisher – British Columbia Lacrosse Controller - Rochelle Winterton Managing Editor – Jeff Gombar BC Editor – Jeff Gombar Cover – Cybereyes Images

*Contributing Writers: CLA, Andy Watson, Duane Bratt, Clayton Fenney (SFU Lacrosse Media), Owen Munro (BCJALL), Trevor McManus (Stealth), Lenora Murrin, Burnaby Sports Hall of Fame, Stephen Stamp.

*Contributing Photographers: David Zuskind, Scrippix, CLHoF Archives, CAC, Karen Peterson, Claremont Lacrosse, BCLA Archives, Jerald Walliser, Kime Gane, Sandi McNeill, Maria Cordero, Fred Jenner, Tim Prothero, Harry Mazaheri, Paul Evans, CLA, Jeff Gombar, Dave Showers, Bill Wippert.

Layout and Typography Creative Plus Solutions kim@creativeplussolutions.com

Advertising Sales Jeff Gombar jeff@bclacrosse.com (604) 421-9755, fax (604) 421-9775

The distribution of Lacrosse Talk to members of the BCLA is a benefit of membership.

If you do not wish to continue receiving LacrosseTalk, please email us at info@bclacrosse.com and request that your name be removed from the LacrosseTalk mailing list.

Return undeliverable addresses to: British Columbia Lacrosse Association #101 - 7382 Winston Street, Burnaby, BC V5A 2G9



LacrosseTalk Partners:





The BCLA wishes to acknowledge the support and contribution of the Province of British Columbia.

Coaches Corner

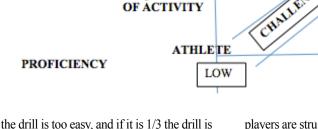
Modifying Drills in Practice

By: Duane Bratt, CLA National Resource Person

You have spent time carefully designing your practice plan. Each drill has been specifically selected with a clear timeline and learning objective. Then you get to practice and implement it, unfortunately things do not go according to plan. During one of the drills, the players' are completing the skills flawlessly, but there is no effort and they look bored. What do

Later on in practice, a new drill has resulted in a clear disaster, balls are bouncing off the floor, players are going in the wrong direction, and there is mass confusion. Again, what do you do? In both cases, despite preparing in advance your practice plan, you need to intervene and modify the drill.

Terry Mosdell, a prominent Learning Facilitator in BC, uses a simple formula. You need about a 2/3 success ratio for a drill. If it is 3/3



REQUIREMENT

HIGH

ANXIETY

too hard. As the below diagram shows, the key for any coach is to ensure that a drill puts the players in the Challenge Zone.

The first question when a coach notices that his players are either bored or anxious is to whether to intervene. The decision to intervene is not as obvious as it sounds. Sometimes intervening, or intervening too often, makes things worse. A coach may be better off not intervening. Maybe it is a simple flow drill that you are using as a warm up. Or perhaps the activity is only designed to be 2-3 minutes long in order for the players' to get their blood warm before they begin their dynamic stretching. In both cases, while the activity is too easy, there is no reason to intervene. Alternatively, the

players are struggling with an advanced line change/fast break drill, but you want the players to eventually figure it out on their own. So the drill may initially be too hard, but it may be important to allow them to learn.

BOREDOM

HIGH

The second question is how to intervene. If a drill is too easy, there are several options that a coach can use: add more balls, lengthen or shorten passes, add defensive pressure, or increase the number of decisions. If a drill is too hard, the intervention may be the exact opposite: reduce the number of balls, lengthen or shorten passes, reduce defensive pressure, or decrease the number of decisions.





COMPLETE SPORTS MIX SUPPLEMENT











INFORMED -

Trusted by sport









PVL.com



PVL GAME-ADE NOW AVAILABLE ON





P R O



IMPROVED FEEL. ENHANCED HOLD.

Our new WARP PRO pockets are derived from 25 years of industry expertise, countless hours of R&D and input from the best lacrosse athletes in the world. Each WARP PRO pocket is tailored specifically for its respective head and designed with multiple diamond configurations, pocket locations and whip options to provide the perfect pocket feel and release.

MID-LOW POCKET

Built for ball control & quick release.



WHIP LEVEL: 1 or 3

TOM

HIGH: